1 2	Isla Henderson-Stirling RC-Girl's J12	03:00.0	675	02:13.3
	Rosie BlackburnGirl's J12	03:00.0	568	02:38.5
1	Rory Duncan-Stirling RC-Boy's J13	03:00.0	805	01:51.7
2	Lachlan MacKinnon-Loch Lomond RC-Boy's J13	03:00.0	757	01:58.8
3	Euan McKenzie-Loch Lomond RC-Boy's J13	03:00.0	704	02:07.8
1	Lucy Steel-Loch Lomond RC-Girl's J13	03:00.0	741	02:01.4
2	Alexandra Clark-Loch Lomond RC-Girl's J13	03:00.0	684	02:11.4
3	Eilidh Miller-Castle Semple RC-Girl's J13	03:00.0	661	02:16.0
1 2 3 4 5	James Morrison-Clydesdale ARC-Boy's J14 Patryk Kozlowski-Clydesdale ARC-Boy's J14 Idris Mohammedi-Clydesdale ARC-Boy's J14 Adam Robertson-Glasgow RC-Boy's J14 Jamie Macdonald-Clydesdale ARC-Boy's J14 Matthew Fielding-Clydesdale ARC-Boy's J14	04:00.0 04:00.0 04:00.0 04:00.0 04:00.0 04:00.0	1169 1057 1041 1012 974 948	01:42.6 01:53.5 01:55.2 01:58.5 02:03.1 02:06.6
1	Lily Young-Loch Lomond RC-Girl's J14 Martha Coombes-Loch Lomond RC-Girl's J14 Natalie Miller-Castle Semple RC-Girl's J14 Innes Dunlop-Loch Lomond RC-Girl's J14	04:00.0	1029	01:56.6
2		04:00.0	1010	01:58.8
3		04:00.0	962	02:04.7
4		04:00.0	952	02:06.0
1 2 3 3 5	Alex Milne-Glasgow Schools RC-Boy's J15 Alexander MacKinnon-Loch Lomond RC-Boy's J15 Hamish Brown-Glasgow Schools RC-Boy's J15 Craig McFadzean-Castle Semple RC-Boy's J15 Mark Sullivan-Loch Lomond RC-Boy's J15	05:00.0 05:00.0 05:00.0 05:00.0	1425 1387 1383 1383 1342	01:45.2 01:48.1 01:48.4 01:48.4 01:51.7
1	Anna Colley-Glasgow Schools RC-Girl's J16 Natalie Smart-Glasgow Schools RC-Girl's J15 Laura McKenzie-Loch Lomond RC-Girl's J15 Ruth McClure-Castle Semple RC-Girl's J15	05:00.0	1300	01:55.4
2		05:00.0	1269	01:58.2
3		05:00.0	1254	01:59.5
4		05:00.0	1062	02:21.1
1 2 3 4 5 6 7 8 9 10 11 12	Giacomo Galano-Clydesdale ARC-Boy's J18 Ryan Morrision-Glasgow Schools RC-Boy's J18 Ben O'Neil-Glasgow Schools RC-Boy's J18 Callum Broad-Glasgow Schools RC-Boy's J18 Frank Murray-Glasgow Schools RC-Boy's J18 Chris Milligan-Glasgow Schools RC-Boy's J18 Marcus Hills-Loch Lomond RC-Boy's J18 Cameron Bolton-Loch Lomond RC-Boy's J18 Lewis Barrett-Stirling RC-Boy's J18 James Ray-Clydesdale ARC-Boy's J18 Nathan Edgar-Glasgow RC-Boy's J18 Aidan Telfer-Castle Semple RC-Boy's J18 Thomas Smith-Loch Lomond RC-Boy's J18	06:26.9 06:29.6 06:31.6 06:50.0 06:50.5 06:57.3 07:02.2 07:09.8 07:15.8 07:19.3 07:27.6 07:28.9	2000 2000 2000 2000 2000 2000 2000 200	01:36.7 01:37.4 01:37.9 01:42.5 01:42.6 01:44.3 01:45.5 01:47.4 01:48.9 01:49.8 01:51.9 01:52.2
13	Thomas Smith-Loch Lomond RC-Boy's J18 Ruairidh Smith-Castle Semple RC-Boy's J16 Cameron PearsonBoy's J16 Tim Chan-Glasgow Schools RC-Boy's J16	07:29.1	2000	01:52.3
1		07:18.5	2000	01:49.6
2		07:21.5	2000	01:50.4
3		07:25.8	2000	01:51.5

4 5	Gryffe Cleary-Glasgow Schools RC-Boy's J16 Fraser McIntrye-Glasgow Schools RC-Boy's J16	07:36.2 07:46.5	2000 2000	01:54.0 01:56.6
1	Laoise Rogers-Glasgow Schools RC-Girl's J16	07:53.3	2000	01:58.3
2	Holly Allan-Glasgow Schools RC-Girl's J16	07:55.8	2000	01:58.9
3	Jenny Onley-Glasgow Schools RC-Girl's J16	07:58.0	2000	01:59.5
4	Freya Duncan-Stirling RC-Girl's J16	07:58.6	2000	01:59.6
5	Beth Kennedy-Glasgow Schools RC-Girl's J16	08:06.9	2000	02:01.7
1	Alex Rankin-Glasgow Schools RC-Girl's J18	07:24.4	2000	01:51.1
2	India Somerside-Glasgow Schools RC-Girl'J18	07:32.2	2000	01:53.1
3	Rachel Cannon-Glasgow Schools RC-Girl's J18	07:49.0	2000	01:57.2
4	Niamh McClure-Castle Semple RC-Girl's J18	07:52.2	2000	01:58.1
5	Georgia HenryGirl's J18	07:56.7	2000	01:59.2
6	Katie Bogan-Castle Semple RC-Girl's J18	08:02.5	2000	02:00.6
7	Lauren Macnaughton-Glasgow Schools RC-Girl's J18	08:18.2	2000	02:04.6
8	Katrina Bryce-Castle Semple RC-Girl's J18	08:21.6	2000	02:05.4
1	Clive RooneyMen's 30 Hwt	03:12.7	1000	01:36.3
2	Vincent FauchouxMen's 30 Hwt	03:16.9	1000	01:38.4
1	Glynn Powell-Sub7 Indoor RC-Men's 40 Hwt	03:00.4	1000	01:30.2
2	Craig Williams-DW Fitness Preston-Men's 40 Hwt	03:00.5	1000	01:30.2
3	Barry GreigMen's 40 Hwt	03:02.5	1000	01:31.2
1	Philip Dyer-DW Preston-Men's 50 Hwt	03:14.2	1000	01:37.1
2	Graham HuntMen's 50 Hwt	03:18.7	1000	01:39.3
3	Raymond McavoyMen's 50 Hwt	03:19.9	1000	01:39.9
4	Philip MoonMen's 50 Hwt	03:27.5	1000	01:43.7
1	Alison Little-Stirling-Women's 30 Hwt	04:04.6	1000	02:02.3
1	Elaine Graham-Sub7 IRC-Women's 40 Hwt	03:44.3	1000	01:52.2
2	Jane Robson-Stirling RC-Women's 40 Hwt	04:02.0	1000	02:01.0
1	Clare Rainbow-Castle Semple RC-Women's 50 Lwt	03:42.8	1000	01:51.4
-	clare nambow castle semple ne women's 30 Ewe	03.12.0	1000	01.51.1
1	Heather Yule-WCRC-Women's 60 Hwt	04:11.1	1000	02:05.5
2	Gel ForderWomen's 60 Hwt	04:19.6	1000	02:09.8
1	Gillian Burrell-Free Spirits-Women's 70 Lwt	05:10.3	1000	02:35.1
1	Clydesdale ARC Boys-Clydesdale ARC-Boys J14 Team	03:18.4	1000	01:39.2
2	LLRC/GWC-Boys J14 Team	03:38.4	1000	01:49.2
1	Loch Lomond RC Girls-Loch Lomond RC-Girls J14 Team	03:34.4	1000	01:47.2
1	Glasgow Schools RC Boys J18Boys J18	08:47.9	3000	01:28.0
2	Loch Lomond RC Boys J18Boys J18	09:47.2	3000	01:37.9
1	Glasgow Schools RC Girls J18Girls J18	10:14.4	3000	01:42.4
1	-		3000	U1. 4 2.4
1	Glasgow Schools RC Girls J16Girls J16	10:40.8	3000	01:46.8
2	Loch Lomond RC Girls J16Girls J16	11:20.1	3000	01:53.4
1	Ken Lake-Lakes Fitness Marsa Sports Club-Men's 60 Hwt	03:15.4	1000	01:37.7

2	Mike ForderMen's 60 Hwt	03:19.8	1000	01:39.9
3	Thomas Yule-WCRC-Men's 60 Hwt	03:28.3	1000	01:44.2
4	George King-TeamOarsome-Men's 60 Hwt	03:28.9	1000	01:44.4
	0 0 0			
1	John Staventon Free Spirits Mon's 40 Luit	03:09.7	1000	01:34.8
1	John Steventon-Free Spirits-Men's 40 Lwt		1000	
2	Guy BlackburnMen's 40 Lwt	03:10.9	1000	01:35.4
3	Tom Duke-St Andrew BC-Men's 40 Lwt	03:14.1	1000	01:37.1
4	Allan McGregor-Loch Lomond amateur RC-Men's 40 Lwt	03:18.6	1000	01:39.3
1	George McAleerMen's 50 Lwt	03:18.2	1000	01:39.1
1	Julian Kennedy-Ballymena Runners-Men's 60 Lwt	03:35.5	1000	01:47.8
2	Roger Burrell-Free Spirits-Men's 60 Lwt	04:15.8	1000	02:07.9
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	Men's Fresher 1k			
1	Harry Newmark-Edinburgh Uni-Men's Fresher	02:59.7	1000	01:29.8
	,			
2	Ross Durnin-Heriot Watt Uni-Men's Fresher	03:01.2	1000	01:30.6
3	Rorie Stewart-Heriot Watt Uni-Men's Fresher	03:02.7	1000	01:31.4
4	Dylan Hassel-Edinburgh Uni-Men's Fresher	03:04.6	1000	01:32.3
5	Lars Petter Strand-Strathclyde Uni-Men's Fresher	03:05.7	1000	01:32.9
6	James Walker-Edinburgh Uni-Men's Fresher	03:06.1	1000	01:33.1
7	Keir Parker-Edinburgh Uni-Men's Fresher	03:09.9	1000	01:34.9
8	James Baxter-Edinburgh Uni-Men's Fresher	03:10.9	1000	01:35.5
9	David Speers-Edinburgh Uni-Men's Fresher	03:11.6	1000	01:35.8
10	Harry Carden-St Andrews Uni-Men's Fresher	03:12.6	1000	01:36.3
11	Nicholas Platt-Glasgow Uni-Men's Fresher	03:13.5	1000	01:36.8
12	_	03:13.5		
	Toby Murray-Edinburgh Uni-Men's Fresher		1000	01:36.7
13	Sandy Cameron-Glasgow Uni-Men's Fresher	03:14.7	1000	01:37.4
14	Stevie O'Neill-Edinburgh Uni-Men's Fresher	03:15.1	1000	01:37.6
15	Connor Felton-Waterhouse-Edinburgh Uni-Men's Fresher	03:15.7	1000	01:37.8
16	Kathan Cheema-St Andrews Uni-Men's Fresher	03:16.4	1000	01:38.2
17	David MacLeod-Edinburgh Uni-Men's Fresher	03:16.8	1000	01:38.4
18	Myles Allen-St Andrews Uni-Men's Fresher	03:16.9	1000	01:38.4
19	Martin Asenov-Edinburgh Uni-Men's Fresher	03:17.3	1000	01:38.7
20	Ben Sugden-Glasgow Uni-Men's Fresher	03:18.1	1000	01:39.1
21	Sam Mason-St Andrews Uni-Men's Fresher	03:18.2	1000	01:39.1
22	Will Duncan-Edinburgh Uni-Men's Fresher	03:18.3	1000	01:39.1
23	Will Gibbs-Edinburgh Uni-Men's Fresher	03:18.7	1000	01:39.3
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24	Lukáš Melichar-Strathclyde Uni-Men's Fresher	03:19.4	1000	01:39.7
25	Rowan Price-Edinburgh Uni-Men's Fresher	03:20.2	1000	01:40.1
26	Harald Christian Astrup-Strathclyde Uni-Men's Fresher	03:20.6	1000	01:40.3
27	Fraser Cameron-St Andrews Uni-Men's Fresher	03:21.0	1000	01:40.5
28	Muhammad Nadeali Khan-Edinburgh Uni-Men's Fresher	03:21.9	1000	01:40.9
29	Euan Smith-St Andrews Uni-Men's Fresher	03:22.2	1000	01:41.1
31	Matt King-Edinburgh Uni-Men's Fresher	03:22.6	1000	01:41.3
31	Ben Price-Heriot Watt Uni-Men's Fresher	03:23.1	1000	01:41.5
32	Fergus Gunn-Strathclyde Uni-Men's Fresher	03:23.1	1000	01:41.5
33	Ben McNeill-Heriot Watt Uni-Men's Fresher	03:23.6	1000	01:41.8
34	Christopher Jensen-Stirling Uni-Men's Fresher	03:23.8	1000	01:41.9
35	Calum MacLeod-Glasgow Uni-Men's Fresher	03:23.9	1000	01:42.0
36	George Cox-Glasgow Uni-Men's Fresher	03:24.0	1000	01:42.0
37	Rowan Davis-Glasgow Uni-Men's Fresher	03:24.8	1000	01:42.4
38	Andy Graham-Edinburgh Uni-Men's Fresher	03:25.2	1000	01:42.6
39	Fraser Johnston-Stirling Uni-Men's Fresher	03:25.7	1000	01:42.9
40	Adrian Jonas-Edinburgh Uni-Men's Fresher	03:26.5	1000	01:43.2
41	David De Angelis-Stirling Uni-Men's Fresher	03:27.4	1000	01:43.7
42	Oliver McKenzie-Glasgow Uni-Men's Fresher	03:27.8	1000	01:43.9
43	Chris Cochrane-Strathclyde Uni-Men's Fresher	03:27.8	1000	01:43.9
44	Callum Campbell-Glasgow Uni-Men's Fresher	03:28.0	1000	01:44.0
45	Sam Rogers-Strathclyde Uni-Men's Fresher	03:29.2	1000	01:44.6
73	San Nogers Stratheryde On Wens Tresher	03.23.2	1000	01.77.0

46	Kieran Kay-Glasgow Uni-Men's Fresher	03:29.2	1000	01:44.6
47	Joseph McGinty-Heriot Watt Uni-Men's Fresher	03:29.8	1000	01:44.9
48	Andrew Hutcheson-Stirling Uni-Men's Fresher	03:30.0	1000	01:45.0
49	Euan Birse-Strathclyde Uni-Men's Fresher	03:30.1	1000	01:45.0
50	Bastian Geiger-St Andrews Uni-Men's Fresher	03:31.3	1000	01:45.7
51	Azam Latif-Glasgow Uni-Men's Fresher	03:32.0	1000	01:46.0
52	Cameron Scott-Stirling Uni-Men's Fresher	03:32.5	1000	01:46.3
53	Cameron Robertson-Edinburgh Uni-Men's Fresher	03:33.3	1000	01:46.7
54	Robson Edwards-St Andrews Uni-Men's Fresher	03:33.4	1000	01:46.7
55	Alejandro Guillen-Glasgow Uni-Men's Fresher	03:33.8	1000	01:46.9
56	Jack Middleton-Stirling Uni-Men's Fresher	03:36.0	1000	01:48.0
57	Luke Holford-Heriot Watt Uni-Men's Fresher	03:37.3	1000	01:48.7
58	Kerr McMaster-Strathclyde Uni-Men's Fresher	03:37.5	1000	01:48.7
59	Bruce Gormley-Heriot Watt Uni-Men's Fresher	03:38.5	1000	01:49.2
60	Sam Brewer-Glasgow Uni-Men's Fresher	03:39.1	1000	01:49.6
61	Jack Beasley-Strathclyde Uni-Men's Fresher	03:39.2	1000	01:49.6
62	Daniel Wood-Edinburgh Uni-Men's Fresher	03:40.4	1000	01:50.2
63	Mark Thompson-Heriot Watt Uni-Men's Fresher	03:43.4	1000	01:51.7
64	Joss Clarke-St Andrews Uni-Men's Fresher	03:57.3	1000	01:58.6
	Women's Fresher 1k			
1	Tanaka Dube-Edinburgh Uni-Women's Fresher	03:35.2	1000	01:47.6
2	Rebecca Drummond-Edinburgh Uni-Women's Fresher	03:35.2	1000	01:47.6
3	Charlotte Stephenson-Edinburgh Uni-Women's Fresher	03:36.9	1000	01:48.4
4	Emma Fairbanks-Heriot Watt Uni-Women's Fresher	03:39.4	1000	01:49.7
5	Dora Burbank-St Andrews Uni-Women's Fresher	03:39.9	1000	01:50.0
6	Petra Grifenstein-Heriot Watt Uni-Women's Fresher	03:40.3	1000	01:50.2
7	Robyn Brogan-Strathclyde Uni-Women's Fresher	03:41.7	1000	01:50.8
8	Josie Wilkes-Edinburgh Uni-Women's Fresher	03:42.0	1000	01:51.0
9	Naomi Rogers-Edinburgh Uni-Women's Fresher	03:42.3	1000	01:51.2
10	Clare O'Brien-Edinburgh Uni-Women's Fresher	03:42.4	1000	01:51.2
11	Ellie Livingston-St Andrews Uni-Women's Fresher	03:43.1	1000	01:51.6
12	Julia Guerrero-Edinburgh Uni-Women's Fresher	03:43.8 03:44.1	1000	01:51.9
13	Bettie Payne-Edinburgh Uni-Women's Fresher		1000	01:52.1
14 15	Ella Wilson-Edinburgh Uni-Women's Fresher Ciara Holt-St Andrews Uni-Women's Fresher	03:44.4 03:45.2	1000 1000	01:52.2 01:52.6
16	Rebekah Grant-Edinburgh Uni-Women's Fresher	03:45.4	1000	01:52.7
17	Hannah Newbury-Edinburgh Uni-Women's Fresher	03:46.2	1000	01.52.7
18	Izi Thomas-Edinburgh Uni-Women's Fresher	03:47.4	1000	01:53.7
19	Bailey Smith-Glasgow Uni-Women's Fresher	03:47.6	1000	01:53.7
20	Annie-Jo Gregory-Edinburgh Uni-Women's Fresher	03:47.7	1000	01:53.8
21	Rebecca Greenhorn-Glasgow Uni-Women's Fresher	03:47.7	1000	01:53.9
22	Jennifer Patrick-Edinburgh Uni-Women's Fresher	03:48.4	1000	01:54.2
23	Hannah Rybolt-St Andrews Uni-Women's Fresher	03:48.6	1000	01:54.3
24	Rebecca Housego-Stirling Uni-Women's Fresher	03:50.1	1000	01:55.0
25	Georgina Rawson-Edinburgh Uni-Women's Fresher	03:50.6	1000	01:55.3
26	Madelyn Harris-Edinburgh Uni-Women's Fresher	03:50.8	1000	01:55.4
27	Hazel Kinnear-Strathclyde Uni-Women's Fresher	03:50.9	1000	01:55.4
28	Alice Pickthall-St Andrews Uni-Women's Fresher	03:51.1	1000	01:55.5
29	Carla Holmes-Heriot Watt Uni-Women's Fresher	03:51.1	1000	01:55.6
31	Ella Gourlay-Glasgow Uni-Women's Fresher	03:51.4	1000	01:55.7
31	Rebecca Clingan-Glasgow Uni-Women's Fresher	03:51.7	1000	01:55.8
32	Barbora Demcakova-Strathclyde Uni-Women's Fresher	03:51.8	1000	01:55.9
33	Kate Samuel-Edinburgh Uni-Women's Fresher	03:52.9	1000	01:56.4
34	Robyn Barclay-St Andrews Uni-Women's Fresher	03:52.9	1000	01:56.4
35	Eilidh Brown-Stirling Uni-Women's Fresher	03:53.3	1000	01:56.7
36	Louisa Kirk-Strathclyde Uni-Women's Fresher	03:53.4	1000	01:56.7
37	Heather Clark-Strathclyde Uni-Women's Fresher	03:53.5	1000	01:56.7
38	Alex Shaw-St Andrews Uni-Women's Fresher	03:53.5	1000	01:56.8
39	Saule Gabrenaite-St Andrews Uni-Women's Fresher	03:53.7	1000	01:56.8
40	Sophie Colbert-Glasgow Uni-Women's Fresher	03:54.6	1000	01:57.3

41	Lauren Bamber-Edinburgh Uni-Women's Fresher	03:54.7	1000	01:57.4
42	Phoebe Smith-Glasgow Uni-Women's Fresher	03:55.0	1000	01:57.5
43	Izzy Warren-Glasgow Uni-Women's Fresher	03:55.4	1000	01:57.7
44	Eva Sheppard-Edinburgh Uni-Women's Fresher	03:56.2	1000	01:58.1
45	Rona Tyler-Edinburgh Uni-Women's Fresher	03:56.7	1000	01:58.4
46	Eilidh Davidson-Glasgow Uni-Women's Fresher	03:57.0	1000	01:58.5
47	Emma Dunseath-Glasgow Uni-Women's Fresher	03:58.0	1000	01:59.0
48	Sophie Parsons-Edinburgh Uni-Women's Fresher	03:58.2	1000	01:59.1
49	Emily Cheung-Edinburgh Uni-Women's Fresher	03:58.4	1000	01:59.2
50	Carys Girvin-Edinburgh Uni-Women's Fresher	03:58.8	1000	01:59.4
51	Molly Thompson-Glasgow Uni-Women's Fresher	03:59.2 03:59.3	1000	01:59.6
52 53	Helena Brecht-Edinburgh Uni-Women's Fresher Rachel MacKenzie-St Andrews Uni-Women's Fresher	03:59.6	1000 1000	01:59.6 01:59.8
54	Ciara Garrett-Glasgow Uni-Women's Fresher	04:00.2	1000	01.39.8
55	Nadia Morris-Strathclyde Uni-Women's Fresher	04:00.6	1000	02:00.1
56	Bronagh Goodlad-Glasgow Uni-Women's Fresher	04:00.6	1000	02:00.3
57	Helena Watson-Strathclyde Uni-Women's Fresher	04:02.3	1000	02:00.3
58	Hannah Banfield-Glasgow Uni-Women's Fresher	04:02.3	1000	02:01.1
59	Alexandra Lane-Stirling Uni-Women's Fresher	04:02.4	1000	02:01.2
60	Ffyona Smith-Edinburgh Uni-Women's Fresher	04:02.4	1000	02:01.2
61	Bethan Gilroy-Glasgow Uni-Women's Fresher	04:02.7	1000	02:01.3
62	Mollie Mcilwaine-Strathclyde Uni-Women's Fresher	04:02.8	1000	02:01.4
63	Katey Forster-Stirling Uni-Women's Fresher	04:03.3	1000	02:01.7
64	Eilean Dickson-Glasgow Uni-Women's Fresher	04:03.4	1000	02:01.7
65	Ellen Brown-Stirling Uni-Women's Fresher	04:03.7	1000	02:01.8
66	Eve Hanlon Cole-Stirling Uni-Women's Fresher	04:03.8	1000	02:01.9
67	Lucy Miller-Glasgow Uni-Women's Fresher	04:03.8	1000	02:01.9
68	Annna Haas-Glasgow Uni-Women's Fresher	04:04.0	1000	02:02.0
69	Louise Paul-Stirling Uni-Women's Fresher	04:04.4	1000	02:02.2
70	Hebe Shedden-Glasgow Uni-Women's Fresher	04:04.4	1000	02:02.2
71	Rhea Garbe-Heriot Watt Uni-Women's Fresher	04:05.3	1000	02:02.6
72	Belle Rosindell-Glasgow Uni-Women's Fresher	04:05.8	1000	02:02.9
73	Lucy Rawbone-Glasgow Uni-Women's Fresher	04:06.7	1000	02:03.3
74	Wei-Qing Tan-Strathclyde Uni-Women's Fresher	04:07.7	1000	02:03.9
75	Erica Hutley-Stirling Uni-Women's Fresher	04:08.6	1000	02:04.3
76	Natalia Gomez Perez-Strathclyde Uni-Women's Fresher	04:08.7	1000	02:04.4
77	Caitlin Champain-Glasgow Uni-Women's Fresher	04:08.9	1000	02:04.4
78	Amy Hopper-Stirling Uni-Women's Fresher	04:10.1	1000	02:05.1
79	Imogen Brophy-Glasgow Uni-Women's Fresher	04:10.7	1000	02:05.4
80	Nadia Cook-Dundee Uni-Women's Fresher	04:11.0	1000	02:05.5
81	Jess Magee-Glasgow Uni-Women's Fresher	04:11.0	1000	02:05.5
82	Jemma Corcoran-Stirling Uni-Women's Fresher	04:12.1	1000	02:06.0
83	Laura Arcos-Glasgow Uni-Women's Fresher	04:12.3	1000	02:06.1
84	Annie Hunter-Glasgow Uni-Women's Fresher	04:13.0	1000	02:06.5
85	Alexandra Repko-St Andrews Uni-Women's Fresher	04:13.5	1000	02:06.7
86	Catherine Henderson-Stirling Uni-Women's Fresher	04:14.4	1000	02:07.2
87	Heather Stewart-Stirling Uni-Women's Fresher	04:17.2	1000	02:08.6
88	Belen Canizares Espadafor-Strathclyde Uni-Women's Fresher	04:17.4	1000	02:08.7
89	Hazell Anderson-Glasgow Uni-Women's Fresher	04:18.2	1000	02:09.1
90	Sarah Hoke-St Andrews Uni-Women's Fresher	04:18.6	1000	02:09.3
91	Faye Callander-Strathclyde Uni-Women's Fresher	04:18.9	1000	02:09.5
92	Jenny McGregor-Glasgow Uni-Women's Fresher	04:19.1	1000	02:09.6
93	Kirsty Street-Strathclyde Uni-Women's Fresher	04:19.2	1000	02:09.6
94	Beth Strachan-Glasgow Uni-Women's Fresher	04:20.4	1000	02:10.2
95	Emelie Olsson-St Andrews Uni-Women's Fresher	04:20.8	1000	02:10.4
96	Fiona Porter-Glasgow Uni-Women's Fresher	04:23.5	1000	02:11.7
97	Rona Sinclair-Glasgow Uni-Women's Fresher	04:25.1	1000	02:12.5
98	Emily James-Glasgow Uni-Women's Fresher	04:25.3	1000	02:12.7
99	Rachel Todd-Stirling Uni-Women's Fresher	04:29.3	1000	02:14.6
100	Seonaid Philp-Stirling Uni-Women's Fresher	04:30.5	1000	02:15.2
101	Nairne McBeath-Glasgow Uni-Women's Fresher	04:31.6	1000	02:15.8
L02	Victoria Keel-Strathclyde Uni-Women's Fresher	04:42.0	1000	02:21.0

1	Matthew Curtis-Edinburgh Uni-Men's Uni Open Lwt	06:21.4	2000	01:35.4
2	Lewis Moran-Dundee Uni-Men's Uni Open Lwt	06:27.4	2000	01:36.8
3	Gregor Maxwell-Edinburgh Uni-Men's Uni Open Lwt	06:27.9	2000	01:37.0
4	Karol Stanski-Edinburgh Uni-Men's Uni Open Lwt	06:30.0	2000	01:37.5
5	James Temple-Edinburgh Uni-Men's Uni Open Lwt	06:31.6	2000	01:37.9
6	Sebastian Glen-Edinburgh Uni-Men's Uni Open Lwt	06:40.5	2000	01:40.1
7	Ashley Cowley-Newark College-Men's Open Lwt	06:42.4	2000	01:40.6
8	Ryan Begley-Edinburgh Uni-Men's Uni Open Lwt	06:42.8	2000	01:40.7
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9	Freddy Pilkington-St Andrews Uni-Men's Uni Open Lwt	06:43.7	2000	01:40.9
10	Niels Henning-Stirling Uni-Men's Uni Open Lwt	06:49.6	2000	01:42.4
11	Jack Robinson-Heriot Watt Uni-Men's Uni Open Lwt	06:50.2	2000	01:42.5
12	George Turner-St Andrews Uni-Men's Uni Open Lwt	06:51.1	2000	01:42.8
13	Christopher Hartley-Stirling Uni-Men's Uni Open Lwt	06:52.4	2000	01:43.1
14	Alex Holmes-Stirling Uni-Men's Uni Open Lwt	06:53.2	2000	01:43.3
15	Sam Thompson-Edinburgh Uni-Men's Uni Open Lwt	06:53.3	2000	01:43.3
16	Joseph Cohen-Edinburgh Uni-Men's Uni Open Lwt	06:54.6	2000	01:43.7
17	Edward Ayton-Strathclyde Uni-Men's Uni Open Lwt	06:54.8	2000	01:43.7
18	Morgan Serpell-Glasgow Uni-Men's Uni Open Lwt	06:55.1	2000	01:43.8
19	Elijah Mtonga-Stirling Uni-Men's Uni Open Lwt	07:19.7	2000	01:49.9
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20	Jonathan Currie-Strathclyde Uni-Men's Uni Open Lwt	07:31.3	2000	01:52.8
21	David Luc Plunkett-Strathclyde Uni-Men's Uni Open Lwt	08:16.1	2000	02:04.0
1	Robyn Hart-Winks-Edinburgh Uni-Women's Uni Open Lwt	07:07.1	2000	01:46.8
2	Maddie Arlett-Edinburgh Uni-Women's Uni Open Lwt	07:14.9	2000	01:48.7
3	Laura Macdonald-Edinburgh Uni-Women's Uni Open Lwt	07:38.8	2000	01:54.7
4	Lizzie Trelawny-Vernon-Edinburgh Uni-Women's Uni Open Lwt	07:42.7	2000	01:55.7
5	Maggie Ulyatt-Glasgow Uni-Women's Uni Open Lwt	07:50.6	2000	01:57.7
6	Claire Black-Heriot Watt Uni-Women's Uni Open Lwt	07:52.5	2000	01:58.1
7	Rebecca Vaslet-Strathclyde Uni-Women's Uni Open Lwt	07:54.7	2000	01:58.7
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8	Heather Donald-Heriot Watt Uni-Women's Uni Open Lwt	07:55.6	2000	01:58.9
9	Rebecca Jackson-St Andrews Uni-Women's Uni Open Lwt	08:08.7	2000	02:02.2
10	Sharan Mahtani-Edinburgh Uni-Women's Uni Open Lwt	08:10.1	2000	02:02.5
11	Ruth Bryce-Strathclyde Uni-Women's Uni Open Lwt	08:11.4	2000	02:02.9
12	Orlaith Sonner-Strathclyde Uni-Women's Uni Open Lwt	08:11.6	2000	02:02.9
13	Samantha Marcus-St Andrews Uni-Women's Uni Open Lwt	08:15.4	2000	02:03.8
14	Rebecca Taylor-Barnes-Strathclyde Uni-Women's Uni Open Lwt	08:16.4	2000	02:04.1
15	Emma Hayashibara-Strathclyde Uni-Women's Uni Open Lwt	08:17.5	2000	02:04.4
16	Laura Haddow-Edinburgh Uni-Women's Uni Open Lwt	08:22.2	2000	02:05.5
17	Amy Fraser-Glasgow Uni-Women's Uni Open Lwt	08:26.5	2000	02:06.6
17	Arriy Traser-Glasgow Offi-Wortlett's Offi Open Ewi	08.20.3	2000	02.00.0
		06.05.0	2000	04.04.5
1	Jack Burns-Strathclyde Uni-Men's Uni Open Hwt	06:05.9	2000	01:31.5
2	Rufus Scholefield-Edinburgh Uni-Men's Uni Open Hwt	06:09.2	2000	01:32.3
3	Calum Irvine-Edinburgh Uni-Men's Uni Open Hwt	06:11.4	2000	01:32.8
4	Graham Ord-Edinburgh Uni-Men's Uni Open Hwt	06:12.2	2000	01:33.0
5	David Duffy-Edinburgh Uni-Men's Uni Open Hwt	06:12.7	2000	01:33.2
6	Findlay Ralley-Strathclyde Uni-Men's Uni Open Hwt	06:12.8	2000	01:33.2
7	Callum Sinclair-Glasgow Uni-Men's Uni Open Hwt	06:13.3	2000	01:33.3
8	Jan Swedlow-Strathclyde Uni-Men's Uni Open Hwt	06:15.7	2000	01:33.9
9	Nick Cox-ULT Fitness and Crossfit-Men's Open Hwt	06:18.4	2000	01:34.6
10	Colin Williamson-Edinburgh Uni BC-Men's Open Hwt	06:20.2	2000	01:35.0
10	Anthony Poole-St Andrews Uni-Men's Uni Open Hwt	06:23.7	2000	01:35.0
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12	William Lindsay-Edinburgh Uni-Men's Uni Open Hwt	06:23.7	2000	01:35.9
13	Kieran Tierney-Edinburgh Uni-Men's Uni Open Hwt	06:24.8	2000	01:36.2
14	Michael May-Heriot Watt Uni-Men's Uni Open Hwt	06:25.2	2000	01:36.3
15	Henning Spreck-St Andrews Uni-Men's Uni Open Hwt	06:25.5	2000	01:36.4
16	Aaron Nicholson-Glasgow Uni-Men's Uni Open Hwt	06:26.2	2000	01:36.6
17	Aran Garrod-St Andrews Uni-Men's Uni Open Hwt	06:30.5	2000	01:37.6

18	Rob Hall-Edinburgh Uni-Men's Uni Open Hwt	06:30.8	2000	01:37.7
19	Isaac Piano-Glasgow Uni-Men's Uni Open Hwt	06:30.9	2000	01:37.7
20	Thomas Ostrom Thomson-St Andrews Uni-Men's Uni Open Hwt	06:33.2	2000	01:37.7
20	•	06:33.5		01:38.4
21	Edward CliftonMen's Open Hwt		2000	
	Hans Leganger Fjell-Strathclyde Uni-Men's Uni Open Hwt	06:35.5	2000	01:38.9
23	Oscar Nick-St Andrews Uni-Men's Uni Open Hwt	06:36.2	2000	01:39.1
24	Euan Geenop-Heriot Watt Uni-Men's Uni Open Hwt	06:36.2	2000	01:39.1
25	Finlay Watson-Edinburgh Uni-Men's Uni Open Hwt	06:36.7	2000	01:39.2
26	Michael Guilbert-Glasgow Uni-Men's Uni Open Hwt	06:37.2	2000	01:39.3
27	Tom Young-Edinburgh Uni BC-Men's Open Hwt	06:38.6	2000	01:39.6
28	Gerard Gallagher-Glasgow Uni-Men's Uni Open Hwt	06:40.3	2000	01:40.1
29	Fraser Macintyre-Clydesdale ARC-Men's Open Hwt	06:40.7	2000	01:40.2
31	Brennen Taylor-Glasgow Uni-Men's Uni Open Hwt	06:41.8	2000	01:40.5
31	Calum Young-Strathclyde Uni-Men's Uni Open Hwt	06:41.9	2000	01:40.5
32	Conor Steeds-Glasgow Uni-Men's Uni Open Hwt	06:44.7	2000	01:41.2
33	Sil Boedi-Edinburgh Uni-Men's Uni Open Hwt	06:45.2	2000	01:41.3
34	William Parkinson-Edinburgh Uni-Men's Uni Open Hwt	06:46.3	2000	01:41.6
35	Ross Taylor-St Andrews Uni-Men's Uni Open Hwt	06:46.8	2000	01:41.7
36	Ben Mckinlay-Strathclyde Uni-Men's Uni Open Hwt	06:48.2	2000	01:42.0
37	lain McLaughlin-Glasgow Uni-Men's Uni Open Hwt	06:49.4	2000	01:42.3
38	Dan Linger-St Andrews Uni-Men's Uni Open Hwt	06:50.6	2000	01:42.7
39	Jacob Darrall-Glasgow Uni-Men's Uni Open Hwt	06:51.3	2000	01:42.8
40	Chris Peil-X-Fit Gym Paisley-Men's Open Hwt	06:52.6	2000	01:43.2
41	Mirza Murtic-Strathclyde Uni-Men's Uni Open Hwt	07:03.0	2000	01:45.8
42	Gregor Arbuckle-Glasgow Uni-Men's Uni Open Hwt	07:03.7	2000	01:45.9
43	Gilbert Hunter-Alba Military Fitness-Men's Open Hwt	07:03.8	2000	01:45.9
44	George Ellis-Dundee Uni-Men's Uni Open Hwt	07:26.5	2000	01:51.6
45	Philip MoonMen's Open Hwt	07:30.3	2000	01:52.6
4	Mairi Duahan Edinburah Hai Wananda Hai Oran Hut	06.56.3	2000	01.44.1
1	Mairi Buchan-Edinburgh Uni-Women's Uni Open Hwt	06:56.3	2000	01:44.1
2	Emily Bowie-Edinburgh Uni-Women's Uni Open Hwt	07:08.3	2000	01:47.1
3	Anne Rodahl-Edinburgh Uni-Women's Uni Open Hwt	07:14.2	2000	01:48.5
4	Amy Sweeney-Edinburgh Uni-Women's Uni Open Hwt	07:15.7	2000	01:48.9
5	Kerryn Meston-Aberdeen BC-Women's Open Hwt	07:21.3	2000	01:50.3
6	Jenny Stevenson-Edinburgh Uni-Women's Uni Open Hwt	07:22.0	2000	01:50.5
7	Amy White-Edinburgh Uni-Women's Uni Open Hwt	07:26.1	2000	01:51.5
8	Lauren Gray-Edinburgh Uni-Women's Uni Open Hwt	07:27.1	2000	01:51.8
9	Robyn Gillies-Glasgow Uni-Women's Uni Open Hwt	07:30.7	2000	01:52.7
10	Hebe Dale-Heriot Watt Uni-Women's Uni Open Hwt	07:32.1	2000	01:53.0
11	Charlotte Bawn-Glasgow Uni-Women's Uni Open Hwt	07:33.2	2000	01:53.3
12	Flora Blake-Parsons-Edinburgh Uni-Women's Uni Open Hwt	07:33.8	2000	01:53.5
13	Rosanna Loy-Glasgow Uni-Women's Uni Open Hwt	07:34.1	2000	01:53.5
14	Jodie Hannah-Heriot Watt Uni-Women's Uni Open Hwt	07:34.9	2000	01:53.7
15	Amelia Donovan-Edinburgh Uni-Women's Uni Open Hwt	07:36.8	2000	01:54.2
16	Ellen Smith-Glasgow Uni-Women's Uni Open Hwt	07:38.6	2000	01:54.7
17	Catherine Sloan-Edinburgh Uni-Women's Uni Open Hwt	07:42.0	2000	01:55.5
18	Olivia Alliott-Edinburgh Uni-Women's Uni Open Hwt	07:45.2	2000	01:56.3
19	Grainne Maguire Coneelly-Glasgow Uni-Women's Uni Open Hwt	07:47.7	2000	01:56.9
20	Carin Ivarsson-Edinburgh Uni-Women's Uni Open Hwt	07:48.1	2000	01:57.0
21	Camilla Hallman-Edinburgh Uni-Women's Uni Open Hwt	07:48.1	2000	01:57.0
22	Keana McCosh-Edinburgh Uni-Women's Uni Open Hwt	07:48.4	2000	01:57.1
23	Shannon Purves-Stirling Uni-Women's Uni Open Hwt	07:48.9	2000	01:57.2
24	Izzy Davis-Edinburgh Uni-Women's Uni Open Hwt	07:49.4	2000	01:57.4
25	Maeve Dale-Glasgow Uni-Women's Uni Open Hwt	07:49.5	2000	01:57.4
26	Baraat Boutaleb-Glasgow Uni-Women's Uni Open Hwt	07:53.1	2000	01:58.3
27	Charis Evans-St Andrews Uni-Women's Uni Open Hwt	07:54.3	2000	01:58.6
28	Svenja Bernhardt-Stirling Uni-Women's Uni Open Hwt	07:54.8	2000	01:58.7
29	Kate Maurer-Edinburgh Uni-Women's Uni Open Hwt	07:56.4	2000	01:59.1
31	Keri Anderson-Glasgow Uni-Women's Uni Open Hwt	07:58.1	2000	01:59.5
31	Elaine HuskinsonWomen's Open Hwt	07:58.4	2000	01:59.6
32	Annabel Wilson-Edinburgh Uni-Women's Uni Open Lwt	07:58.5	2000	01:59.6

33	Anna Winton-Glasgow Uni-Women's Uni Open Hwt	07:58.8	2000	01:59.7
34	Maxime Penning-Glasgow Uni-Women's Uni Open Hwt	07:59.7	2000	01:59.9
35	Aimee MacDonald-Strathclyde Uni-Women's Uni Open Hwt	07:59.9	2000	02:00.0
36	Hilary McNally-Sub 7 IRC-Women's Open Hwt	08:01.0	2000	02:00.3
37	Stina Simenson-Glasgow Uni-Women's Uni Open Hwt	08:03.2	2000	02:00.8
38	Hannah Myatt-St Andrews Uni-Women's Uni Open Hwt	08:04.5	2000	02:00.8
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39	Karen Sandeman-Dundee Uni-Women's Uni Open Hwt	08:05.3	2000	02:01.3
40	Charlotte Bonhoure-St Andrews Uni-Women's Uni Open Hwt	08:09.0	2000	02:02.2
41	Eleri Connick-Edinburgh Uni-Women's Uni Open Hwt	08:11.1	2000	02:02.8
42	Hannah Adams-Glasgow Uni-Women's Uni Open Hwt	08:12.8	2000	02:03.2
43	Britta Adrians-Strathclyde Uni-Women's Uni Open Hwt	08:25.7	2000	02:06.4
1	Nick Cox-ULT Fitness and Crossfit-Men's Open Sprint Hwt	01:20.8	500	01:20.8
2	Gavin Murty-Clydesdale ARC-Men's Open Sprint Hwt	01:24.0	500	01:24.0
3	Stuart BaileyMen's Open Sprint Hwt	01:25.2	500	01:25.2
1	Ashley Cowley-Newark College-Men's Open Sprint Lwt	01:26.6	500	01:26.6
2	Charlie Thompson-Edinburgh Uni-Men's Open Sprint Lwt	01:32.2	500	01:32.2
3	Oliver White-Castle Semple-Men's Open Sprint Lwt	01:32.2	500	01:32.2
1	Glynn Powell-Sub7 Indoor RC-Men's 40 Sprint Hwt	01:23.2	500	01:23.2
1	Guy BlackburnMen's 40 Sprint Lwt	01:28.2	500	01:28.2
1 2	·	01:28.2	500	01:33.5
2	George McAleerMen's 40 Sprint Lwt	01.55.5	300	01.55.5
1	Philip MoonMen's 50 Sprint Hwt	01:31.0	500	01:31.0
2	Raymond McavoyMen's 50 Sprint Hwt	01:31.3	500	01:31.3
1	Ken Lake-Lakes Fitness Marsa sports club-Men's 60 Sprint	01:30.3	500	01:30.3
2	Julian Kennedy-Ballymena Runners-Men's 60 Sprint	01:38.3	500	01:38.3
1	Elaine HuskinsonWomen's 30 Sprint Hwt*	01:50.9	500	01:50.9
1	Elaine Graham-Sub7 IRC-Women's 40 Sprint Hwt	01:44.1	500	01:44.1
2	Hilary McNally-Sub 7 IRC-Women's 40 Sprint Hwt	01:49.8	500	01:49.8
1	Claire Rainbow-Castle Semple RC-Women's 50 Sprint Lwt*	01:46.4	500	01:46.4
2	Caroline Parker-Castle Semple RC-Women's 50 Sprint Lwt	01:57.2	500	01:57.2
1	Claire Rainbow-Castle Semple RC-Women's Open Sprint	01:46.4	500	01:46.4
2	Elaine HuskinsonWomen's Open Sprint	01:50.9	500	01:50.9
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1	Edinburgh Uni NewmarkMen's Fresher Team	08:33.5	3000	01:25.6
2	Heriot Watt Uni StewartMen's Fresher Team	08:45.9	3000	01:27.6
3	St Andrews Uni CardenMen's Fresher Team	08:52.3	3000	01:28.7
4	Edinburgh Uni GrahamMen's Fresher Team	08:52.7	3000	01:28.8
5	Strathclyde Uni Petter StrandMen's Fresher Team	09:03.8	3000	01:30.6
6	Edinburgh Uni MurrayMen's Fresher Team	09:05.7	3000	01:30.9
7	Edinburgh Uni DuncanMen's Fresher Team	09:08.4	3000	01:31.4
8	Strathclyde Uni CochraneMen's Fresher Team	09:52.2	3000	01:38.7
9	St Andrews Uni MasonMen's Fresher Team	09:54.0	3000	01:39.0
10	Heriot Watt Uni McGintyMen's Fresher Team	09:58.1	3000	01:39.7
1	Edinburgh Uni DrummondWomen's Fresher Team	10:13.4	3000	01:42.2
2	Edinburgh Uni GregoryWomen's Fresher Team	10:20.5	3000	01:42.2
3	Edinburgh Uni HarrisWomen's Fresher Team	10:20.5	3000	01:43.4
4	St Andrews Uni HoltWomen's Fresher Team	10:29.2	3000	01:44.9
5	Heriot Watt Uni HolmesWomen's Fresher Team	10:29.7	3000	01:44.9
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6	Edinburgh Uni PatrickWomen's Fresher Team	10:39.6	3000	01:46.6
7	Strathclyde Uni KinnerWomen's Fresher Team	10:41.0	3000	01:46.8
8	St Andrews Uni MacKenzieWomen's Fresher Team	10:53.6	3000	01:48.9
9	Strathclyde Uni Gomez PerezWomen's Fresher Team	11:24.7	3000	01:54.1
10	St Andrews Uni HokeWomen's Fresher Team	11:31.3	3000	01:55.2
1	Crossfit East Kilbride MuirheadWomen's Open Team	10:25.1	3000	01:44.2
2	Clydesdale ARC WarburtonWomen's Open Team	10:53.8	3000	01:49.0
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1	Jani Isotalo-Runcorn RC-Men's Adaptive AS	04:12.4	1000	02:06.2
2	David DentMen's Adaptive AS	04:35.2	1000	02:17.6
3	Graeme Hood-Heriot Watt Uni BC-Men's Adaptive AS	05:12.7	1000	02:36.3
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1	Stuart Bowler-Scottish Rowing Centre-Men's Adaptive LTA	04:01.7	1000	02:00.9
1	Joanna Martin-Scottish Rowing Centre-Women's Adaptive AS	06:40.4	1000	03:20.2
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1	Hope Gordon-Heriot Watt Uni BC-Women's Adaptive TA	04:11.9	1000	02:05.9
1	Dianna Simpson-Strathclyde Park RC-Women's Adaptive LT	04:03.4	1000	02:01.7
1	Crossfit Glasgow McAllisterMen's Team	08:27.6	3000	01:24.6
2	Team NessMen's Team	08:28.3	3000	01:24.7
3	Crossfit East KilbrideMen's Team	09:03.2	3000	01:30.5
1	Edinburgh Uni ScholefieldUni Men's Team	08:19.4	3000	01:23.2
2	Heriot Watt Uni MayUni Men's Team	08:28.9	3000	01:24.8
3	Edinburgh Uni LindsayUni Men's Team	08:30.1	3000	01:25.0
4	St Andrews Uni GarrodUni Men's Team	08:38.0	3000	01:26.3
5	Edinburgh Uni MaxwellUni Men's Team	08:41.8	3000	01:27.0
6	Edinburgh Uni EUBCMen's Team	08:44.0	3000	01:27.3
7	St Andrews Uni JonesUni Men's Team	08:56.6	3000	01:29.4
8	Edinburgh Uni CohenUni Men's Team	09:00.0	3000	01:30.0
9	St Andrews Uni WoolgarUni Men's Team	09:04.2	3000	01:30.7
1	Edinburgh Uni BuchanUni Women's Team	09:41.1	3000	01:36.9
2	Heriot Watt Uni DaleUni Women's Team	10:08.6	3000	01:41.4
3	St Andrews Uni Nicholson-FjortoftUni Women's Team	10:15.7	3000	01:42.6
4	Edinburgh Uni GrayUni Women's Team	10:19.6	3000	01:43.3
5	St Andrews Uni B - Uni Womens Team	10:53.0	3000	01:48.8