

Scottish Rowing Indoor Rowing Championships 2017 Results

100 Men's Open Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Graham Ord	Edinburgh UBC	01:32.2	500 34	01:34.1	1000 32	01:38.7	1500 30	01:32.2	2000 34	00:00.0	0 0	00:00.0	0 0	06:17.2	2000
2	Colin Williamson	St. Andrew BC	01:35.9	500 30	01:36.5	1000 30	01:37.6	1500 31	01:33.4	2000 35	00:00.0	0 0	00:00.0	0 0	06:23.5	2000
3	Gavin Shields	MSRV Saurus	01:37.2	500 37	01:38.0	1000 32	01:37.3	1500 33	01:34.8	2000 36	00:00.0	0 0	00:00.0	0 0	06:28.4	2000
4	Andrew Cairns	Berwick RC	01:36.8	500 33	01:40.2	1000 32	01:43.4	1500 33	01:41.4	2000 33	00:00.0	0 0	00:00.0	0 0	06:41.9	2000



Scottish Rowing Indoor Rowing Championships 2017 Results

101 Men's Open Lwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1	Gregor Maxwell	Edinburgh UBC	01:37.3	500 31	01:36.2	1000 32	01:36.4	1500 32	01:35.1	2000 35	00:00.0	0 0	00:00.0	0 0	06:24.0 2000
2	Danny Ryan	Danny Ryan Boxfit	01:36.1	500 32	01:37.2	1000 31	01:37.1	1500 32	01:38.0	2000 34	00:00.0	0 0	00:00.0	0 0	06:28.4 2000



Scottish Rowing Indoor Rowing Championships 2017 Results

103 Men's Open Sprint Lwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total			
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc		
1	Gregor Hall			00:17.9	100 44	00:16.0	200 39	00:16.9	300 43	00:16.8	400 43	00:17.3	500 52	00:00.0	0 0	01:25.9	500
2	Tom Butterfield			00:18.0	100 41	00:18.3	200 36	00:18.5	300 36	00:18.4	400 39	00:18.7	500 38	00:00.0	0 0	01:32.0	500



Scottish Rowing Indoor Rowing Championships 2017 Results

104 Men's Over 30 2k

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Liam Conneely	Lincoln RC	01:34.5	500 32	01:35.2	1000 33	01:36.1	1500 32	01:35.7	2000 32	00:00.0	0 0	00:00.0	0 0	06:21.5	2000
2	John Doohan		01:38.1	500 32	01:38.7	1000 32	01:39.2	1500 33	01:38.8	2000 35	00:00.0	0 0	00:00.0	0 0	06:34.7	2000
3	Matthew Callis		01:38.7	500 27	01:39.7	1000 26	01:39.8	1500 27	01:37.1	2000 27	00:00.0	0 0	00:00.0	0 0	06:35.4	2000
4	Kern Toussaint	Inverness RC	01:34.6	500 29	01:38.5	1000 27	01:41.2	1500 26	01:42.7	2000 28	00:00.0	0 0	00:00.0	0 0	06:36.0	2000
5	Mikolaj Weckowski	Crossfit Glasgow	01:36.8	500 33	01:41.3	1000 32	01:40.0	1500 33	01:40.4	2000 33	00:00.0	0 0	00:00.0	0 0	06:38.5	2000

Scottish Rowing Indoor Rowing Championships 2017 Results

107 Men's Over 30 Sprint Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Liam Conneely	Lincoln RC	00:16.9	100 39	00:15.7	200 38	00:15.8	300 42	00:16.3	400 37	00:16.7	500 40	00:00.0	0 0	01:21.3	500
2	Kern Toussaint	Inverness RC	00:17.4	100 48	00:15.6	200 42	00:15.8	300 42	00:16.6	400 40	00:17.3	500 38	00:00.0	0 0	01:22.7	500
3	Mikolaj Weckowski	Crossfit Glasgow	00:17.4	100 48	00:16.0	200 49	00:16.3	300 52	00:17.2	400 49	00:17.7	500 48	01:33.5	3000 33	01:24.6	500
4	John Doohan		00:17.2	100 45	00:16.5	200 40	00:16.0	300 42	00:17.5	400 41	00:18.8	500 38	00:00.0	0 0	01:26.0	500
5	Derek Clifford	Crossfit Glasgow	00:19.2	100 41	00:17.6	200 38	00:17.8	300 37	00:18.0	400 40	00:18.0	500 38	00:00.0	0 0	01:31.6	500



Scottish Rowing Indoor Rowing Championships 2017 Results

109 Men's Over 40 2k

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	John Daviea	Mad Team IRC	01:35.9	500 33	01:37.6	1000 32	01:38.5	1500 31	01:36.3	2000 32	00:00.0	0 0	00:00.0	0 0	06:28.1	2000
2	Mat Ward	Sub7 IRC	01:39.3	500 31	01:38.8	1000 32	01:38.5	1500 32	01:39.5	2000 33	00:00.0	0 0	00:00.0	0 0	06:36.1	2000
3	Barry Greig	Sub7 IRC	01:41.4	500 28	01:44.3	1000 27	01:45.4	1500 27	01:44.7	2000 26	00:00.0	0 0	00:00.0	0 0	06:55.7	2000
4	Andrew Baird		01:42.3	500 36	01:47.9	1000 34	01:49.1	1500 35	01:46.9	2000 35	00:00.0	0 0	00:00.0	0 0	07:06.2	2000
5	Robin Mcgrenary		01:40.0	500 29	01:50.0	1000 30	01:52.4	1500 29	01:48.6	2000 30	00:00.0	0 0	00:00.0	0 0	07:12.1	2000



Scottish Rowing Indoor Rowing Championships 2017 Results

110 Men's Over 40 Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Barry Greig	Sub7 IRC	00:44.5	250 35	00:44.5	500 32	00:46.0	750 31	00:48.0	1000 29	00:00.0	0 0	00:00.0	0 0	03:04.0	1000
2	Guy Chatfield	Clydesdale ARC	00:45.1	250 33	00:46.7	500 32	00:49.2	750 33	00:51.9	1000 32	00:00.0	0 0	00:00.0	0 0	03:12.8	1000
3	Robert Gordon	Inverness RC	00:48.8	250 31	00:48.5	500 31	00:50.1	750 31	00:52.2	1000 32	00:00.0	0 0	00:00.0	0 0	03:19.7	1000
4	Russel Campbell		00:56.6	250 45	00:59.3	500 40	01:02.4	750 39	01:03.2	1000 36	00:00.0	0 0	00:00.0	0 0	04:01.5	1000

Scottish Rowing Indoor Rowing Championships 2017 Results

111 Men's Over 40 Lwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Guy Blackburn	Free Spirits	00:48.6	250 36	00:47.8	500 35	00:47.7	750 35	00:46.2	1000 39	00:00.0	0 0	00:00.0	0 0	03:10.3	1000
2	John Steventon	Fitness Matters	00:48.7	250 41	00:47.8	500 38	00:47.3	750 39	00:47.3	1000 43	00:00.0	0 0	00:00.0	0 0	03:11.2	1000
3	Joe White		00:54.2	250 35	00:54.9	500 35	00:54.6	750 35	00:51.7	1000 39	00:00.0	0 0	00:00.0	0 0	03:35.5	1000
4	Douglas Lauchlan	Glasgow Caledonia	00:53.3	250 41	00:56.0	500 36	01:00.4	750 34	01:01.1	1000 33	00:00.0	0 0	00:00.0	0 0	03:50.8	1000

Scottish Rowing Indoor Rowing Championships 2017 Results

112 Men's Over 40 Sprint Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Stephen Esslemont	Aeternum Crossfit	00:16.8	100 43	00:15.8	200 38	00:15.9	300 41	00:16.4	400 40	00:16.0	500 42	00:00.0	0 0	01:21.8	500
2	Lee Page	Warehouse Gym	00:18.0	100 37	00:16.7	200 40	00:16.8	300 36	00:17.1	400 39	00:17.8	500 37	00:00.0	0 0	01:26.5	500
3	Robin Mcgrenary		00:18.1	100 36	00:16.7	200 32	00:17.7	300 34	00:18.1	400 33	00:18.4	500 33	00:00.0	0 0	01:29.1	500
4	Guy Chatfield	Clydesdale ARC	00:18.0	100 37	00:17.2	200 38	00:17.5	300 34	00:18.0	400 37	00:18.8	500 38	00:00.0	0 0	01:29.4	500
5	Neil McMurchy	Crossfit Glasgow	00:19.2	100 41	00:18.0	200 40	00:18.5	300 39	00:17.7	400 41	00:18.5	500 42	00:00.0	0 0	01:31.8	500



Scottish Rowing Indoor Rowing Championships 2017 Results

113 Men's Over 40 Sprint Lwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Danny Ryan	Danny ryan Boxfit	00:18.4	100 49	00:17.8	200 40	00:17.5	300 48	00:17.5	400 51	00:17.7	500 58	00:00.0	0 0	01:28.9	500
2	John Steventon	Fitness Matters	00:18.6	100 48	00:17.8	200 47	00:17.9	300 44	00:18.0	400 43	00:17.7	500 48	00:00.0	0 0	01:29.8	500
3	Guy Blackburn	Free Spirits	00:18.4	100 46	00:17.5	200 44	00:17.8	300 44	00:18.1	400 43	00:18.0	500 47	00:00.0	0 0	01:29.8	500
4	Joe White		00:19.1	100 47	00:18.9	200 44	00:18.0	300 47	00:19.1	400 44	00:19.5	500 46	00:00.0	0 0	01:35.6	500

Scottish Rowing Indoor Rowing Championships 2017 Results

114 Men's Over 50 2k

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Oliver Short	St Patrick's TOW	01:44.6	500 33	01:46.1	1000 32	01:47.2	1500 33	01:41.4	2000 37	00:00.0	0 0	00:00.0	0 0	06:59.3	2000
2	Allan Mitchell		01:42.0	500 34	01:44.6	1000 31	01:46.6	1500 33	01:47.3	2000 34	00:00.0	0 0	00:00.0	0 0	07:00.5	2000
3	Adrian Walker		01:47.1	500 32	01:48.1	1000 31	01:48.2	1500 32	01:44.7	2000 36	00:00.0	0 0	00:00.0	0 0	07:08.1	2000
4	Alec Morrison	Claymore Crossfit	01:48.2	500 29	01:48.6	1000 30	01:47.8	1500 31	01:46.6	2000 32	00:00.0	0 0	00:00.0	0 0	07:11.3	2000
5	Stewart Milne		01:50.3	500 34	01:51.1	1000 32	01:50.0	1500 33	01:49.1	2000 34	00:00.0	0 0	00:00.0	0 0	07:20.5	2000

Scottish Rowing Indoor Rowing Championships 2017 Results

115 Men's Over 50 Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Alec Morrison	Claymore Crossfit	00:47.6	250 34	00:48.1	500 32	00:48.0	750 35	00:48.9	1000 34	00:00.0	0 0	00:00.0	0 0	03:12.5	1000
2	Gabriel Murphy	Broughty Ferry Boa	00:48.0	250 35	00:48.6	500 31	00:49.3	750 32	00:48.4	1000 35	00:00.0	0 0	00:00.0	0 0	03:14.3	1000
3	Oliver Short	St Patrick's TOW	00:48.2	250 36	00:49.8	500 35	00:49.5	750 36	00:46.0	1000 41	00:00.0	0 0	00:00.0	0 0	03:14.5	1000
4	Philip Dyer	DW Preston	00:50.3	250 35	00:49.2	500 32	00:48.7	750 35	00:47.2	1000 36	00:00.0	0 0	00:00.0	0 0	03:15.4	1000
5	Ian Russell	Help 4 Heroes	00:54.7	250 46	00:55.9	500 44	00:55.8	750 44	00:57.7	1000 44	00:00.0	0 0	00:00.0	0 0	03:44.1	1000



Scottish Rowing Indoor Rowing Championships 2017 Results

116 Men's Over 50 Lwt

	Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1Christian Leonard	00:49.7	250 39	00:50.4	500 37	00:50.8	750 39	00:49.6	1000 42	00:00.0	0 0	00:00.0	0 0	03:20.5	1000

Scottish Rowing Indoor Rowing Championships 2017 Results

117 Men's Over 50 Sprint Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Oliver Short	St Patrick's TOW	00:18.4	100 42	00:17.7	200 41	00:18.1	300 40	00:17.7	400 44	00:18.8	500 45	00:00.0	0 0	01:30.7	500
2	Martin O'Neil	Crossfit Glasgow	00:19.4	100 37	00:17.9	200 40	00:18.4	300 39	00:19.1	400 38	00:20.3	500 35	00:00.0	0 0	01:35.2	500



Scottish Rowing Indoor Rowing Championships 2017 Results

120 Men's Over 60 Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Raymond mcavoy	NMAC	00:51.4	250 37	00:49.8	500 37	00:49.8	750 37	00:49.7	1000 39	00:00.0	0 0	00:00.0	0 0	03:20.7	1000
2	Ken Cunningham	St Patricks RC	00:50.0	250 32	00:50.5	500 32	00:50.0	750 34	00:53.1	1000 36	00:00.0	0 0	00:00.0	0 0	03:25.6	1000
3	David Pristaw		00:54.5	250 34	00:54.6	500 33	00:54.7	750 34	00:53.6	1000 36	00:00.0	0 0	00:00.0	0 0	03:37.4	1000
4	Chris Smith	Tay RC	00:58.1	250 29	00:56.8	500 29	00:56.6	750 30	00:53.3	1000 33	00:00.0	0 0	00:00.0	0 0	03:44.8	1000



Scottish Rowing Indoor Rowing Championships 2017 Results

121 Men's Over 60 Lwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1	Stewart Fleming Tay RC	00:52.0	250 35	00:54.4	500 32	00:54.4	750 33	00:53.2	1000 38	00:00.0	0 0	00:00.0	0 0	03:34.9	1000
2	Julian Kennedy Ballymena Runners	00:54.3	250 41	00:55.4	500 37	00:55.6	750 38	00:52.1	1000 40	00:00.0	0 0	00:00.0	0 0	03:37.4	1000



Scottish Rowing Indoor Rowing Championships 2017 Results

122 Men's Over 70 Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Roger Stainforth	Durham Amateur R	00:53.2	250 35	00:52.5	500 34	00:52.3	750 33	00:51.8	1000 35	00:00.0	0 0	00:00.0	0 0	03:29.8	1000
2	Thomas Yule	Alyth Indoor rowing	00:56.4	250 24	00:55.2	500 25	00:56.0	750 26	00:54.1	1000 29	00:00.0	0 0	00:00.0	0 0	03:41.8	1000
3	Robert Daly	Victoria Park City Of	01:03.2	250 34	01:04.1	500 34	01:07.5	750 33	01:07.8	1000 33	00:00.0	0 0	00:00.0	0 0	04:22.7	1000



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124 Men's Adaptive AS

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1	James Hamilton	Help 4 Heroes	01:09.5	250 51	01:12.0	500 48	01:17.4	750 50	01:19.5	1000 55	00:00.0	0 0	00:00.0	0 0	04:58.5 1000

Scottish Rowing Indoor Rowing Championships 2017 Results

126 Men's Adaptive LTA

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Stuart Bowler	Scottish Rowing Ce	00:53.1	250 34	00:52.7	500 34	00:54.7	750 31	00:56.8	1000 31	00:00.0	0 0	00:00.0	0 0	03:37.4	1000
2	George Bull-McLean	Heriot Watt UBC	00:52.9	250 33	00:55.9	500 29	00:57.9	750 28	01:01.7	1000 28	00:00.0	0 0	00:00.0	0 0	03:48.4	1000
3	Craig Pringle		00:53.8	250 39	00:57.8	500 37	01:02.7	750 34	01:08.9	1000 32	00:00.0	0 0	00:00.0	0 0	04:03.1	1000

Scottish Rowing Indoor Rowing Championships 2017 Results

127 Men's Over 60 Sprint

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Raymond McAvoy	NMAC	00:19.7	100 46	00:18.1	200 50	00:18.1	300 46	00:17.9	400 47	00:18.1	500 47	00:00.0	0 0	01:31.8	500
2	Ken Cunningham	St Patricks RC	00:18.6	100 45	00:17.8	200 44	00:18.2	300 43	00:18.0	400 41	00:19.8	500 39	00:00.0	0 0	01:33.4	500
3	Julian Kennedy	Ballymena Runners	00:18.8	100 54	00:18.2	200 43	00:18.8	300 42	00:19.4	400 43	00:19.7	500 43	00:00.0	0 0	01:34.9	500
4	Roger Stainforth	Durham Amateur R	00:19.9	100 39	00:19.8	200 36	00:19.7	300 37	00:19.9	400 36	00:19.2	500 37	00:00.0	0 0	01:38.4	500
5	Chris Smith	Tay RC	00:22.0	100 35	00:21.4	200 34	00:21.4	300 34	00:20.8	400 35	00:20.5	500 35	00:00.0	0 0	01:46.1	500



Scottish Rowing Indoor Rowing Championships 2017 Results

130 Boy's J12

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1	Anthony Doohan	02:00.0	532 40	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	02:00.0	531
2	Musa Mahamdi Clydesdale ARC	02:00.0	487 41	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	02:00.0	487
3	Shaun Doohan	02:00.0	447 41	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	02:00.0	446

Scottish Rowing Indoor Rowing Championships 2017 Results

133 Boy's J15

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1	Rory Duncan	Stirling RC	01:00.0	288 35	02:00.0	287 30	03:00.0	288 31	04:00.0	291 33	05:00.0	293 35	00:00.0	0 0	05:00.0 1447
2	Lachlan MacKinnon	Loch Lomond RC	01:00.0	292 32	02:00.0	286 30	03:00.0	282 29	04:00.0	278 30	05:00.0	285 30	00:00.0	0 0	05:00.0 1422
3	Ben Kirkby	Stirling RC	01:00.0	287 32	02:00.0	287 30	03:00.0	281 31	04:00.0	275 31	05:00.0	271 31	00:00.0	0 0	05:00.0 1401
4	Mathew Hodge	Glasgow Schools RC	01:00.0	273 34	02:00.0	259 28	03:00.0	252 27	04:00.0	253 28	05:00.0	258 28	00:00.0	0 0	05:00.0 1296
5	Andrew Hodge	Glasgow Schools RC	01:00.0	268 32	02:00.0	263 28	03:00.0	255 27	04:00.0	251 26	05:00.0	259 28	00:00.0	0 0	05:00.0 1296
6	Ardal MacKenzie	Stirling RC	01:00.0	263 36	02:00.0	252 34	03:00.0	237 32	04:00.0	228 33	05:00.0	242 36	00:00.0	0 0	05:00.0 1222
7	David McNish	Castle Semple RC	01:00.0	280 40	02:00.0	254 35	03:00.0	227 33	04:00.0	219 32	05:00.0	226 33	00:00.0	0 0	05:00.0 1204



Scottish Rowing Indoor Rowing Championships 2017 Results

134 Boy's J16

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	James Morrison	Clydesdale ARC	01:36.5	500 32	01:39.9	1000 30	01:40.1	1500 31	01:37.4	2000 33	00:00.0	0 0	00:00.0	0 0	06:33.9	2000
2	Adam Robertson	Clydesdale ARC	01:38.1	500 34	01:42.0	1000 31	01:45.3	1500 31	01:46.0	2000 31	00:00.0	0 0	00:00.0	0 0	06:52.4	2000
3	Rory White	Glasgow Academy	01:38.3	500 34	01:46.2	1000 31	01:46.5	1500 29	01:43.5	2000 31	00:00.0	0 0	00:00.0	0 0	06:54.6	2000
4	Ewan Pringle	Clydesdale ARC	01:41.4	500 34	01:44.1	1000 32	01:46.7	1500 31	01:45.4	2000 32	00:00.0	0 0	00:00.0	0 0	06:57.5	2000
5	Severin Nielsen	Glasgow Academy	01:45.1	500 32	01:50.2	1000 30	01:50.7	1500 29	01:49.4	2000 31	00:00.0	0 0	00:00.0	0 0	07:15.4	2000
6	Matthew Fielding	Clydesdale ARC	01:45.7	500 34	01:49.2	1000 31	01:53.2	1500 30	01:49.7	2000 32	00:00.0	0 0	00:00.0	0 0	07:17.7	2000



Scottish Rowing Indoor Rowing Championships 2017 Results



15 Fraser Sweeney	SPRC	01:53.2	500	37	02:06.2	1000	32	02:08.6	1500	32	02:03.5	2000	35	00:00.0	0	0	00:00.0	0	0	08:11.4	2000
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Scottish Rowing Indoor Rowing Championships 2017 Results

140 Male University Open Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Conner Cockerill	Edinburgh UBC	01:31.1	500 36	01:32.5	1000 34	01:33.2	1500 33	01:30.4	2000 35	00:00.0	0 0	00:00.0	0 0	06:07.2	2000
2	Callum Sinclair	Glasgow UBC	01:32.4	500 36	01:33.7	1000 33	01:33.8	1500 34	01:30.5	2000 38	00:00.0	0 0	00:00.0	0 0	06:10.3	2000
3	Eddie McDiarmid	Edinburgh UBC	01:32.6	500 33	01:33.3	1000 33	01:33.5	1500 33	01:32.3	2000 34	00:00.0	0 0	00:00.0	0 0	06:11.7	2000
4	Henry Millar	Edinburgh UBC	01:32.0	500 32	01:33.4	1000 30	01:34.5	1500 30	01:32.6	2000 32	00:00.0	0 0	00:00.0	0 0	06:13.5	2000
5	Matt Christie	Edinburgh UBC	01:33.4	500 36	01:34.2	1000 34	01:34.7	1500 33	01:33.5	2000 36	00:00.0	0 0	00:00.0	0 0	06:15.8	2000
6	Jure Zgubic	Glasgow UBC	01:33.8	500 34	01:34.4	1000 32	01:34.4	1500 33	01:33.9	2000 34	00:00.0	0 0	00:00.0	0 0	06:16.5	2000
7	Tom Giles	Edinburgh UBC	01:32.1	500 36	01:33.3	1000 33	01:36.6	1500 34	01:34.7	2000 42	00:00.0	0 0	00:00.0	0 0	06:16.7	2000
8	Mike Simpson	SPRC/Strathclyde U	01:31.1	500 31	01:32.6	1000 30	01:34.1	1500 29	01:40.8	2000 29	00:00.0	0 0	00:00.0	0 0	06:18.6	2000
9	Ryan Morrison	Edinburgh UBC	01:34.9	500 36	01:35.3	1000 34	01:35.7	1500 34	01:32.9	2000 36	00:00.0	0 0	00:00.0	0 0	06:18.9	2000
10	Hugh Reilly	Edinburgh UBC	01:34.4	500 33	01:35.5	1000 33	01:35.4	1500 33	01:34.0	2000 34	00:00.0	0 0	00:00.0	0 0	06:19.3	2000
11	Euan Greenop	Heriot Watt UBC	01:35.2	500 29	01:35.3	1000 29	01:35.9	1500 29	01:33.7	2000 33	00:00.0	0 0	00:00.0	0 0	06:20.1	2000
12	Oli Fenton	Edinburgh UBC	01:35.7	500 34	01:36.9	1000 34	01:38.0	1500 33	01:31.9	2000 35	00:00.0	0 0	00:00.0	0 0	06:22.5	2000
13	Karsten Andreas	Edinburgh UBC	01:34.3	500 34	01:36.5	1000 31	01:36.7	1500 31	01:35.5	2000 33	00:00.0	0 0	00:00.0	0 0	06:22.0	2000
14	Aaron Nicholson	Glasgow UBC	01:34.2	500 38	01:37.4	1000 33	01:38.3	1500 33	01:35.4	2000 36	00:00.0	0 0	00:00.0	0 0	06:25.3	2000



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15	Vincent Jozajtis	Glasgow UBC	01:33.8 500 33	01:36.5 1000 32	01:37.6 1500 33	01:38.4 2000 34	00:00.0	0	0	00:00.0	0	0	06:26.3	2000
16	Oliver Ebdy	Glasgow UBC	01:36.0 500 29	01:35.8 1000 30	01:36.5 1500 31	01:38.1 2000 32	00:00.0	0	0	00:00.0	0	0	06:26.4	2000
17	Harry Gething	Edinburgh UBC	01:35.7 500 35	01:36.2 1000 34	01:37.2 1500 33	01:37.4 2000 39	00:00.0	0	0	00:00.0	0	0	06:26.4	2000
18	Callum Irvine	Edinburgh UBC	01:34.9 500 34	01:38.2 1000 31	01:39.6 1500 30	01:33.7 2000 35	00:00.0	0	0	00:00.0	0	0	06:26.4	2000
19	Jacob Vyse	Edinburgh UBC	01:36.7 500 29	01:37.1 1000 29	01:36.9 1500 28	01:36.0 2000 29	00:00.0	0	0	00:00.0	0	0	06:26.7	2000
20	Alex Chisholm	University of St. An	01:37.8 500 31	01:37.3 1000 30	01:36.6 1500 31	01:35.7 2000 34	00:00.0	0	0	00:00.0	0	0	06:27.4	2000
21	Finlay Watson	Edinburgh UBC	01:37.6 500 35	01:38.1 1000 34	01:37.9 1500 34	01:35.1 2000 38	00:00.0	0	0	00:00.0	0	0	06:28.7	2000
22	Ben Sugden	Glasgow UBC	01:38.0 500 29	01:37.6 1000 30	01:37.7 1500 32	01:35.7 2000 35	00:00.0	0	0	00:00.0	0	0	06:28.0	2000
23	Ben McKinlay	Strathclyde UBC	01:33.2 500 33	01:38.4 1000 30	01:39.9 1500 32	01:38.1 2000 32	00:00.0	0	0	00:00.0	0	0	06:29.6	2000
24	Calum Young	Strathclyde UBC	01:36.8 500 33	01:37.8 1000 33	01:38.4 1500 34	01:37.3 2000 39	00:00.0	0	0	00:00.0	0	0	06:30.2	2000
25	Isaac Piano	Glasgow UBC	01:36.7 500 36	01:37.8 1000 34	01:40.3 1500 33	01:36.4 2000 40	00:00.0	0	0	00:00.0	0	0	06:31.2	2000
26	Matt Jackson	Glasgow UBC	01:35.6 500 31	01:36.8 1000 33	01:38.2 1500 33	01:41.4 2000 34	00:00.0	0	0	00:00.0	0	0	06:32.1	2000
27	Laurence Ellis	Edinburgh UBC	01:37.6 500 37	01:39.9 1000 35	01:39.9 1500 33	01:36.4 2000 35	00:00.0	0	0	00:00.0	0	0	06:33.9	2000
28	Sam Archibald	Heriot Watt UBC	01:38.5 500 29	01:39.8 1000 29	01:40.4 1500 30	01:37.3 2000 33	00:00.0	0	0	00:00.0	0	0	06:36.0	2000
29	Brennen Taylor	Glasgow UBC	01:39.6 500 37	01:40.9 1000 36	01:41.1 1500 36	01:35.8 2000 44	00:00.0	0	0	00:00.0	0	0	06:37.4	2000
30	Ronan Welch	Strathclyde UBC	01:38.2 500 30	01:39.3 1000 31	01:40.5 1500 30	01:40.1 2000 32	00:00.0	0	0	00:00.0	0	0	06:38.2	2000
31	Jack Robinson	Heriot Watt UBC	01:39.9 500 33	01:41.1 1000 31	01:41.1 1500 32	01:40.3 2000 32	00:00.0	0	0	00:00.0	0	0	06:42.4	2000



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32 Tom Newton	Heriot Watt UBC	01:42.6	500 34	01:41.8	1000 34	01:40.0	1500 34	01:38.8	2000 36	00:00.0	0 0	00:00.0	0 0	06:44.1	2000
33 Dominic Goymour	University of St. An	01:37.2	500 37	01:42.3	1000 32	01:42.7	1500 29	01:42.3	2000 32	00:00.0	0 0	00:00.0	0 0	06:44.5	2000
34 Patrick Conway	Heriot Watt UBC	01:37.8	500 31	01:41.2	1000 28	01:42.9	1500 27	01:44.7	2000 28	00:00.0	0 0	00:00.0	0 0	06:46.5	2000
35 Euan Strachan	Strathclyde UBC	01:40.6	500 31	01:43.3	1000 30	01:43.3	1500 30	01:40.7	2000 33	00:00.0	0 0	00:00.0	0 0	06:48.0	2000
36 Matej Pinkoš	Strathclyde UBC	01:34.0	500 35	01:41.5	1000 32	01:45.7	1500 31	01:46.0	2000 31	00:00.0	0 0	00:00.0	0 0	06:49.1	2000
37 Jack McGuire	Heriot Watt UBC	01:40.4	500 32	01:46.9	1000 30	01:48.0	1500 28	01:43.6	2000 31	00:00.0	0 0	00:00.0	0 0	06:58.0	2000
38 Christopher Parsonage	Strathclyde UBC	01:42.2	500 34	01:45.7	1000 32	01:49.4	1500 31	01:49.1	2000 34	00:00.0	0 0	00:00.0	0 0	07:06.4	2000
39 Alexander Weise	Strathclyde UBC	01:46.6	500 28	01:52.9	1000 25	01:52.0	1500 25	01:48.6	2000 27	00:00.0	0 0	00:00.0	0 0	07:21.1	2000
40 Sheryar Khan	Heriot Watt UBC	01:46.8	500 33	01:53.3	1000 31	01:56.7	1500 31	01:52.8	2000 32	00:00.0	0 0	00:00.0	0 0	07:29.8	2000



Scottish Rowing Indoor Rowing Championships 2017 Results

141 Male University Open Lwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	James Temple	Edinburgh UBC	01:36.1	500 34	01:36.0	1000 34	01:34.0	1500 35	01:31.8	2000 41	00:00.0	0 0	00:00.0	0 0	06:18.8	2000
2	Joe Taylor	University of St. An	01:38.3	500 32	01:37.8	1000 30	01:37.7	1500 29	01:36.8	2000 31	00:00.0	0 0	00:00.0	0 0	06:30.6	2000
3	John Heuchan	Heriot Watt UBC	01:39.7	500 32	01:38.0	1000 32	01:37.5	1500 33	01:36.7	2000 34	00:00.0	0 0	00:00.0	0 0	06:31.9	2000
4	Cody Anderson	Edinburgh UBC	01:37.6	500 33	01:39.3	1000 31	01:39.4	1500 30	01:36.0	2000 33	00:00.0	0 0	00:00.0	0 0	06:33.4	2000
5	Morgan Serpell	Glasgow UBC	01:38.3	500 32	01:38.8	1000 31	01:40.3	1500 31	01:36.1	2000 32	00:00.0	0 0	00:00.0	0 0	06:33.5	2000
6	Chris Bock	University of St. An	01:39.7	500 31	01:40.8	1000 30	01:40.7	1500 30	01:39.2	2000 32	00:00.0	0 0	00:00.0	0 0	06:40.3	2000
7	Christopher Martens	Glasgow UBC	01:39.3	500 31	01:40.0	1000 32	01:40.4	1500 32	01:41.7	2000 34	00:00.0	0 0	00:00.0	0 0	06:41.5	2000
8	William Christopher B	Glasgow UBC	01:38.2	500 39	01:41.1	1000 35	01:42.7	1500 34	01:42.4	2000 39	00:00.0	0 0	00:00.0	0 0	06:44.3	2000
9	Niels Henning	Stirling UBC	01:40.6	500 30	01:41.9	1000 29	01:42.6	1500 29	01:40.6	2000 32	00:00.0	0 0	00:00.0	0 0	06:45.7	2000
10	Edward Emery	University of St. An	01:42.3	500 30	01:41.6	1000 29	01:41.3	1500 30	01:40.5	2000 30	00:00.0	0 0	00:00.0	0 0	06:45.7	2000
11	Seumas Brett	Glasgow UBC	01:39.6	500 34	01:41.5	1000 33	01:42.9	1500 33	01:43.1	2000 34	00:00.0	0 0	00:00.0	0 0	06:46.0	2000
12	Ben Carruthers	University of St. An	01:39.7	500 35	01:41.2	1000 33	01:42.0	1500 33	01:43.5	2000 34	00:00.0	0 0	00:00.0	0 0	06:47.4	2000
13	Chris Jensen	Stirling UBC	01:42.5	500 30	01:42.5	1000 29	01:42.6	1500 29	01:43.2	2000 31	00:00.0	0 0	00:00.0	0 0	06:50.8	2000
14	Rob Colston	University of St. An	01:35.8	500 33	01:43.5	1000 30	01:44.7	1500 30	01:49.9	2000 32	00:00.0	0 0	00:00.0	0 0	06:54.0	2000



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15Asa Jamieson	Glasgow UBC	01:40.0	500 34	01:42.0	1000 31	01:45.4	1500 30	01:46.1	2000 30	00:00.0	0 0	00:00.0	0 0	06:54.6	2000
16Lewis Semple	Strathclyde UBC	01:34.5	500 35	01:41.8	1000 31	01:50.6	1500 31	01:51.7	2000 31	00:00.0	0 0	00:00.0	0 0	06:58.6	2000
17Steffan Jones	Dundee UBC	01:46.7	500 34	01:46.9	1000 32	01:48.9	1500 32	01:46.9	2000 31	00:00.0	0 0	00:00.0	0 0	07:09.4	2000
18Adam Campbell	Strathclyde UBC	01:46.3	500 33	01:48.3	1000 32	01:48.0	1500 30	01:48.9	2000 32	00:00.0	0 0	00:00.0	0 0	07:12.5	2000
19Elijah Mtonga	Stirling UBC	01:50.9	500 32	01:48.8	1000 33	01:48.4	1500 33	01:46.6	2000 35	00:00.0	0 0	00:00.0	0 0	07:14.6	2000
20Sam Wright	Stirling UBC	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	07:16.7	2000



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142 Male Fresher

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1	Oliver Bohle	Dundee UBC	00:41.8 250 43	00:45.3 500 37	00:47.4 750 35	00:48.8 1000 36	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	03:03.3	1000		
2	Bruce Bruce Pattullo	Edinburgh UBC	00:46.2 250 31	00:45.4 500 29	00:46.6 750 31	00:48.9 1000 32	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	03:07.1	1000		
3	Matthew Graham	Glasgow UBC	00:46.2 250 39	00:47.6 500 37	00:47.5 750 38	00:47.7 1000 40	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	03:08.0	1000		
4	Frederik Kelbel	Edinburgh UBC	00:46.5 250 34	00:46.8 500 31	00:47.3 750 32	00:49.1 1000 32	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	03:09.6	1000		
5	Harry McCaughey	Edinburgh UBC	00:46.6 250 32	00:46.0 500 32	00:47.5 750 34	00:49.1 1000 35	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	03:10.2	1000		
6	George Raynes	Edinburgh UBC	00:46.4 250 36	00:46.0 500 32	00:48.6 750 31	00:48.5 1000 31	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	03:10.6	1000		
7	Stuart Masson	Heriot Watt UBC	00:47.4 250 30	00:47.6 500 30	00:48.0 750 29	00:47.8 1000 34	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	03:10.7	1000		
8	Sven Van Maris	Glasgow UBC	00:47.6 250 37	00:47.6 500 34	00:48.4 750 36	00:48.4 1000 37	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	03:12.1	1000		
9	Callum Hay	Edinburgh UBC	00:46.5 250 32	00:46.9 500 29	00:48.2 750 30	00:51.5 1000 29	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	03:13.1	1000		
10	Fjonn Buesche	Glasgow UBC	00:46.0 250 34	00:48.1 500 32	00:49.1 750 32	00:49.1 1000 35	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	03:13.2	1000		
11	Gordon Yule	Stirling UBC	00:46.8 250 36	00:47.9 500 33	00:48.7 750 35	00:50.1 1000 36	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	03:13.5	1000		
12	Nicholas Glavatsky-Yea	University of St. An	00:46.5 250 43	00:48.1 500 42	00:49.1 750 43	00:49.9 1000 41	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	03:13.6	1000		
13	Callum Pender	Strathclyde UBC	00:46.0 250 35	00:47.4 500 35	00:50.0 750 34	00:50.7 1000 32	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	03:14.2	1000		
14	Tautvydas Skrolis	Edinburgh UBC	00:48.7 250 31	00:47.5 500 33	00:48.8 750 31	00:49.3 1000 33	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	03:14.3	1000		



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15	Jonathan Lienent	University of St. An	00:45.9	250	42	00:48.2	500	37	00:50.2	750	36	00:50.7	1000	37	00:00.0	0	0	00:00.0	0	0	03:14.9	1000
16	Stewart Bright	Edinburgh UBC	00:46.5	250	32	00:47.6	500	30	00:48.9	750	33	00:52.1	1000	32	00:00.0	0	0	00:00.0	0	0	03:15.1	1000
17	Nicolas Kirsch	Strathclyde UBC	00:48.5	250	42	00:49.3	500	35	00:49.9	750	36	00:51.5	1000	38	00:00.0	0	0	00:00.0	0	0	03:19.1	1000
18	Kodjo Mora	Edinburgh UBC	00:48.0	250	36	00:48.9	500	32	00:49.7	750	33	00:52.7	1000	28	00:00.0	0	0	00:00.0	0	0	03:20.2	1000
19	Nathan Field	Heriot Watt UBC	00:45.1	250	39	00:46.7	500	37	00:52.0	750	34	00:55.9	1000	34	00:00.0	0	0	00:00.0	0	0	03:20.7	1000
20	Jamie Wilson	Glasgow UBC	00:48.8	250	34	00:50.2	500	32	00:51.8	750	32	00:51.3	1000	33	00:00.0	0	0	00:00.0	0	0	03:22.1	1000
21	Rory Milligan	Edinburgh UBC	00:49.4	250	32	00:49.6	500	31	00:50.9	750	32	00:53.1	1000	30	00:00.0	0	0	00:00.0	0	0	03:22.9	1000
22	Joe Moore	Edinburgh UBC	00:50.2	250	29	00:50.9	500	25	00:50.0	750	27	00:50.8	1000	28	00:00.0	0	0	00:00.0	0	0	03:22.9	1000
23	Callum Rocchio	Edinburgh UBC	00:49.4	250	32	00:50.7	500	31	00:50.7	750	31	00:52.5	1000	32	00:00.0	0	0	00:00.0	0	0	03:23.4	1000
24	Andrew Laird	Strathclyde UBC	00:50.4	250	32	00:50.0	500	32	00:50.0	750	32	00:51.3	1000	35	00:00.0	0	0	00:00.0	0	0	03:23.6	1000
25	Julius Lurweg	Strathclyde UBC	00:48.9	250	33	00:50.6	500	34	00:52.5	750	31	00:53.7	1000	31	00:00.0	0	0	00:00.0	0	0	03:25.8	1000
26	Stu Mclellan	Stirling UBC	00:50.5	250	40	00:52.0	500	39	00:52.6	750	37	00:51.3	1000	36	00:00.0	0	0	00:00.0	0	0	03:26.4	1000
27	Benjamin Gardner	University of St. An	00:48.6	250	39	00:50.1	500	37	00:52.5	750	35	00:55.6	1000	36	00:00.0	0	0	00:00.0	0	0	03:26.8	1000
28	Alex Lambert	Edinburgh UBC	00:51.1	250	31	00:51.4	500	30	00:52.6	750	31	00:52.1	1000	32	00:00.0	0	0	00:00.0	0	0	03:27.2	1000
29	Alistair Bonsall	Dundee UBC	00:49.2	250	33	00:50.5	500	31	00:54.0	750	28	00:53.8	1000	30	00:00.0	0	0	00:00.0	0	0	03:27.5	1000
30	Jos Thio	University of St. An	00:49.8	250	37	00:51.3	500	34	00:54.2	750	33	00:55.3	1000	31	00:00.0	0	0	00:00.0	0	0	03:30.6	1000
31	Robbie Milne	Strathclyde UBC	00:49.9	250	36	00:52.1	500	36	00:53.6	750	37	00:55.1	1000	41	00:00.0	0	0	00:00.0	0	0	03:30.6	1000



Scottish Rowing Indoor Rowing Championships 2017 Results

32	Brian Ang	Strathclyde UBC	00:44.0 250 41	00:50.2 500 36	00:56.8 750 33	00:58.7 1000 32	00:00.0 0 0	00:00.0 0 0	03:30.7 1000
33	Henri Greenbaum	Dundee UBC	00:53.1 250 29	00:52.1 500 29	00:54.1 750 29	00:56.0 1000 29	00:00.0 0 0	00:00.0 0 0	03:35.2 1000
34	Conor Clancy	Heriot Watt UBC	00:49.3 250 36	00:51.1 500 39	00:55.7 750 37	01:01.4 1000 32	00:00.0 0 0	00:00.0 0 0	03:37.5 1000
35	Robert Cowlinshaw	Strathclyde UBC	00:49.3 250 35	00:52.7 500 34	00:57.1 750 30	00:58.9 1000 31	00:00.0 0 0	00:00.0 0 0	03:37.9 1000
36	Alexander Doerr	Stirling UBC	00:52.9 250 34	00:52.9 500 36	00:55.4 750 38	00:57.4 1000 46	00:00.0 0 0	00:00.0 0 0	03:38.6 1000
37	Daniel Malikzade-Afsh	University of St. An	00:52.9 250 29	00:53.5 500 29	00:56.0 750 28	00:56.5 1000 29	00:00.0 0 0	00:00.0 0 0	03:38.9 1000
38	Matthew Anderson	Stirling UBC	00:52.8 250 36	00:55.1 500 37	00:56.4 750 37	00:58.1 1000 36	00:00.0 0 0	00:00.0 0 0	03:42.4 1000
39	Ruaraidh Simpson	Dundee UBC	00:52.0 250 37	00:54.2 500 37	00:58.2 750 34	00:58.3 1000 37	00:00.0 0 0	00:00.0 0 0	03:42.7 1000
40	John Mclean	Strathclyde UBC	00:51.4 250 44	00:54.9 500 40	00:59.2 750 38	00:57.6 1000 36	00:00.0 0 0	00:00.0 0 0	03:43.1 1000
41	George Bull-McLean	Heriot Watt UBC	00:49.7 250 33	00:54.6 500 29	00:58.5 750 28	01:09.9 1000 27	00:00.0 0 0	00:00.0 0 0	03:52.7 1000
42	Raymond Euro	University of St. An	00:52.0 250 35	00:59.2 500 30	01:04.6 750 29	01:04.8 1000 29	00:00.0 0 0	00:00.0 0 0	04:01.6 1000



Scottish Rowing Indoor Rowing Championships 2017 Results

150 Male Team

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1	Mia's Minnions	Mia's Minnions	01:21.5 500 48	01:20.7 1000 45	01:23.6 1500 42	01:22.7 2000 45	01:25.5 2500 41	01:24.8 3000 44	08:18.8	3000					
2	Crossfit Glasgow B	Crossfit Glasgow	01:23.5 500 45	01:26.7 1000 38	01:29.9 1500 40	01:30.1 2000 41	01:32.3 2500 38	01:34.4 3000 41	08:56.9	3000					
3	Crossfit East Kilbride	Crossfit East Kilbrid	01:28.2 500 39	01:25.8 1000 36	01:33.3 1500 35	01:28.6 2000 36	01:35.5 2500 35	01:33.5 3000 33	09:04.9	3000					
4	Crossfit Glasgow A	Crossfit Glasgow	01:28.4 500 43	01:28.0 1000 41	01:32.3 1500 40	01:32.0 2000 40	01:37.9 2500 40	01:32.0 3000 41	09:13.6	3000					

Scottish Rowing Indoor Rowing Championships 2017 Results

151 University Male Team

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1EUBC E	Edinburgh UBC	01:17.2	500 50	01:17.9	1000 48	01:20.4	1500 47	01:20.6	2000 43	01:23.8	2500 42	01:21.7	3000 43	08:01.5	3000
2HWUBC A	Heriot Watt UBC	01:21.5	500 43	01:22.5	1000 46	01:21.9	1500 42	01:23.7	2000 45	01:26.9	2500 43	01:23.5	3000 44	08:20.0	3000
3EUBC C	Edinburgh UBC	01:21.4	500 46	01:22.2	1000 55	01:22.9	1500 47	01:25.1	2000 48	01:24.6	2500 48	01:24.0	3000 49	08:20.2	3000
4EUBC B	Edinburgh UBC	01:28.6	500 50	01:22.3	1000 40	01:27.5	1500 50	01:24.0	2000 44	01:25.5	2500 46	01:27.6	3000 51	08:36.4	3000
5Strathclyde UBC	Strathclyde UBC	01:27.1	500 40	01:25.3	1000 42	01:28.0	1500 40	01:29.8	2000 40	01:26.4	2500 44	01:29.3	3000 39	08:45.8	3000
6EUBC D	Edinburgh UBC	01:25.1	500 49	01:26.4	1000 55	01:27.9	1500 46	01:30.7	2000 50	01:29.9	2500 46	01:28.6	3000 52	08:48.7	3000
7UStABC	University of St. An	01:30.7	500 41	01:28.3	1000 36	01:30.7	1500 40	01:25.7	2000 41	01:29.5	2500 42	01:26.4	3000 44	08:51.3	3000
8HWUBC B	Heriot Watt UBC	01:30.0	500 42	01:26.7	1000 42	01:31.1	1500 41	01:27.9	2000 41	01:31.8	2500 42	01:27.7	3000 43	08:56.3	3000



Scottish Rowing Indoor Rowing Championships 2017 Results

152 Male Fresher Team

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1EUBC A	Edinburgh UBC	01:41.5	500 37	01:39.5	1000 42	01:43.3	1500 37	01:41.7	2000 41	01:45.9	2500 36	01:43.1	3000 37	08:50.6	3000
2EUBC B	Edinburgh UBC	01:45.7	500 36	01:46.2	1000 34	01:46.7	1500 33	01:47.1	2000 35	01:50.3	2500 33	01:45.3	3000 34	09:02.2	3000
3HWUBC A	Heriot Watt UBC	01:27.4	500 41	01:32.1	1000 43	01:30.0	1500 38	01:36.0	2000 43	01:30.6	2500 40	01:34.0	3000 44	09:12.1	3000
4UStABC	University of St. An	01:30.3	500 41	01:37.8	1000 40	01:32.8	1500 39	01:33.6	2000 41	01:36.0	2500 36	01:36.2	3000 39	09:26.7	3000



Scottish Rowing Indoor Rowing Championships 2017 Results

153 Mixed Open Team

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	LLRC	Loch Lomond RC	01:34.6	500 38	01:38.4	1000 37	01:33.9	1500 40	01:39.7	2000 37	01:34.4	2500 39	01:41.3	3000 38	09:42.3	3000
2	GCU Staff Stallwarts	Glasgow Caledonia	01:40.2	500 39	01:32.6	1000 40	01:43.2	1500 39	01:36.0	2000 39	01:44.6	2500 38	01:38.0	3000 40	09:54.6	3000
3	Fun Four	Castle Semple RC	01:49.5	500 36	02:01.5	1000 39	01:54.0	1500 36	02:04.8	2000 39	01:56.0	2500 36	02:02.8	3000 39	11:48.6	3000



Scottish Rowing Indoor Rowing Championships 2017 Results

155 Boys J18 Team

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Clydesdale	Clydesdale ARC	01:29.9	500 44	01:30.5	1000 44	01:32.4	1500 43	01:30.7	2000 45	01:33.4	2500 47	01:33.4	3000 43	09:10.4	3000
2	CSRC	Castle Semple RC	01:31.6	500 43	01:28.1	1000 43	01:33.1	1500 41	01:32.1	2000 42	01:37.1	2500 41	01:35.8	3000 39	09:17.7	3000
3	Glasgow Academy Whi	Glasgow Academy	01:29.8	500 39	01:34.9	1000 37	01:33.5	1500 37	01:35.3	2000 39	01:33.9	2500 37	01:37.2	3000 39	09:24.7	3000
4	SPRC	SPRC	01:42.6	500 39	01:38.0	1000 41	01:41.2	1500 40	01:42.1	2000 42	01:45.8	2500 40	01:44.9	3000 41	10:15.6	3000



Scottish Rowing Indoor Rowing Championships 2017 Results

200 Women's Open Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Emily Colley	SPRC	01:48.7	500 27	01:47.3	1000 27	01:47.2	1500 28	01:44.9	2000 30	00:00.0	0 0	00:00.0	0 0	07:08.1	2000
2	Charlotte Scott	St. Andrew BC	01:52.0	500 30	01:52.2	1000 28	01:52.2	1500 29	01:52.0	2000 29	00:00.0	0 0	00:00.0	0 0	07:29.5	2000



Scottish Rowing Indoor Rowing Championships 2017 Results

201 Women's Open Lwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Natalie Tysoe	St. Andrew BC	01:57.3	500 31	01:56.7	1000 31	01:57.4	1500 31	01:56.2	2000 31	00:00.0	0 0	00:00.0	0 0	07:47.5	2000



Scottish Rowing Indoor Rowing Championships 2017 Results

202 Women's Open Sprint Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1	Louisa Van Lierop	00:18.8	100 45	00:17.5	200 45	00:18.2	300 46	00:19.4	400 40	00:20.0	500 40	00:00.0	0 0	01:34.9	500
2	Fiona Howie	00:20.0	100 46	00:19.5	200 40	00:19.8	300 39	00:20.1	400 39	00:20.6	500 35	00:00.0	0 0	01:40.0	500
3	Katie Canniford	00:20.1	100 45	00:19.2	200 41	00:19.9	300 42	00:20.8	400 40	00:21.2	500 43	00:00.0	0 0	01:41.2	500
4	Rhona Mitchell	00:21.8	100 33	00:19.8	200 33	00:20.2	300 33	00:20.4	400 32	00:19.5	500 37	00:00.0	0 0	01:41.6	500
5	Laura Rankin	00:20.1	100 63	00:19.2	200 56	00:20.0	300 51	00:21.1	400 48	00:22.1	500 49	00:00.0	0 0	01:42.5	500
6	Jennifer Mael	00:22.0	100 41	00:20.6	200 38	00:20.8	300 40	00:21.2	400 42	00:21.5	500 45	00:00.0	0 0	01:46.2	500
7	Kirsty Mcconnell	00:20.1	100 69	00:19.6	200 70	00:20.8	300 69	00:22.1	400 65	00:23.6	500 66	00:00.0	0 0	01:46.2	500
8	Elaine Graham	00:21.1	100 48	00:20.9	200 43	00:21.3	300 42	00:22.1	400 43	00:22.0	500 39	00:00.0	0 0	01:48.3	500
9	Eleanor Inglis	00:22.9	100 45	00:21.3	200 42	00:21.8	300 39	00:22.2	400 41	00:22.3	500 38	00:00.0	0 0	01:50.5	500
10	Annie Isobel Craig	00:24.4	100 39	00:23.4	200 33	00:24.3	300 30	00:24.6	400 32	00:23.7	500 33	00:00.0	0 0	02:00.4	500



Scottish Rowing Indoor Rowing Championships 2017 Results

203 Women's Open Sprint Lwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Rachel Houghton	Crossfit Glasgow	00:21.9	100 41	00:20.3	200 41	00:20.1	300 42	00:20.5	400 44	00:21.1	500 46	00:00.0	0 0	01:43.9	500
2	Natalie Firth	Stirling RC	00:22.5	100 43	00:21.1	200 37	00:21.3	300 39	00:21.8	400 39	00:22.3	500 40	00:00.0	0 0	01:48.0	500



Scottish Rowing Indoor Rowing Championships 2017 Results

205 Women's Over 30 Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Fiona Howie	St. Andrew BC	00:57.1	250 30	00:56.9	500 28	00:56.6	750 28	00:54.7	1000 29	00:00.0	0 0	00:00.0	0 0	03:45.3	1000
2	Fiona Davidson	Loch Lomond RC	00:58.7	250 34	00:58.5	500 30	00:59.4	750 29	00:58.6	1000 30	00:00.0	0 0	00:00.0	0 0	03:55.3	1000



Scottish Rowing Indoor Rowing Championships 2017 Results

210 Women's Over 40 Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Melanie Nicoll	Tay RC	00:57.6	250 31	00:57.8	500 30	01:00.1	750 30	00:58.7	1000 31	00:00.0	0 0	00:00.0	0 0	03:54.1	1000



Scottish Rowing Indoor Rowing Championships 2017 Results

212 Women's Over 40 Sprint Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Louisa Van Lierop	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	01:34.9	500	
2	Elaine Graham	Sub7 IRC	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	01:48.3	500
3	Eleanor Inglis	Castle Semple RC	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	01:50.5	500
4	Melanie Nicoll	Tay RC	00:23.8	100 33	00:21.4	200 31	00:21.8	300 33	00:22.1	400 33	00:21.7	500 33	00:00.0	0 0	01:50.9	500



Scottish Rowing Indoor Rowing Championships 2017 Results

215 Women's Over 50 Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1 Hilary McNally	Sub7 IRC	00:55.6	250 35	00:57.1	500 32	00:57.7	750 31	00:56.9	1000 34	00:00.0	0 0	00:00.0	0 0	03:47.3	1000

Scottish Rowing Indoor Rowing Championships 2017 Results

216 Women's Over 50 Lwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Clare Rainbow	Castle Semples RC	00:53.1	250 41	00:54.9	500 38	00:55.8	750 40	00:56.2	1000 41	00:00.0	0 0	00:00.0	0 0	03:39.9	1000
2	Catriona Duke	St. Andrew BC	00:58.0	250 34	00:59.1	500 29	00:59.3	750 30	00:58.3	1000 35	00:00.0	0 0	00:00.0	0 0	03:55.6	1000
3	Liz Davidson	SPRC	01:02.5	250 33	01:01.7	500 31	01:02.3	750 31	01:02.9	1000 31	00:00.0	0 0	00:00.0	0 0	04:09.3	1000

Scottish Rowing Indoor Rowing Championships 2017 Results

217 Women's Over 50 Sprint Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Hilary McNally	Sub7 IRC	00:22.2	100 41	00:20.8	200 40	00:21.2	300 37	00:21.4	400 39	00:21.6	500 39	00:00.0	0 0	01:47.2	500
2	Clare Rainbow	Castle Semple RC	00:21.6	100 47	00:21.3	200 39	00:22.2	300 41	00:22.6	400 37	00:20.9	500 43	00:00.0	0 0	01:48.5	500
3	Hilary Spence	Crossfit Glasgow	00:21.8	100 41	00:20.5	200 38	00:21.8	300 39	00:22.8	400 37	00:23.1	500 36	00:00.0	0 0	01:50.1	500



Scottish Rowing Indoor Rowing Championships 2017 Results

220 Women's Over 60 Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1	Barbara Millns tay rc	01:03.8	250 32	01:04.9	500 29	01:02.7	750 33	01:00.7	1000 34	00:00.0	0 0	00:00.0	0 0	04:12.1	1000
2	Heather Yule Alyth Indoor rowing	01:05.8	250 28	01:05.6	500 28	01:04.5	750 29	01:02.0	1000 31	00:00.0	0 0	00:00.0	0 0	04:17.9	1000
3	Gel Forder The Diamonds	01:04.8	250 29	01:04.4	500 30	01:04.7	750 31	01:05.6	1000 35	00:00.0	0 0	00:00.0	0 0	04:19.5	1000



Scottish Rowing Indoor Rowing Championships 2017 Results

230 Girl's J12

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Erin Cunningham	Loch Lomond RC	02:00.0	468 37	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	02:00.0	468
2	Florence Hall		02:00.0	410 33	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	02:00.0	409

Scottish Rowing Indoor Rowing Championships 2017 Results

231 Girl's J13

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1 Rhona MacKinnon	Loch Lomond RC	02:00.0	505 31	03:00.0	235 30	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	03:00.0	740
2 Lexy Kenhard		02:00.0	471 40	03:00.0	228 38	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	03:00.0	699
3 Emma Weir	Castle Semple RC	02:00.0	465 39	03:00.0	208 34	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	03:00.0	673

Scottish Rowing Indoor Rowing Championships 2017 Results

232 Girl's J14

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Morvern Thompson	Glasgow Schools RC	01:00.0	281 33	02:00.0	271 33	03:00.0	256 31	04:00.0	251 32	00:00.0	0 0	00:00.0	0 0	04:00.0	1058
2	Orla Johnstone	Glasgow Schools RC	01:00.0	271 38	02:00.0	250 33	03:00.0	238 32	04:00.0	241 34	00:00.0	0 0	00:00.0	0 0	04:00.0	1000
3	Lindsay MacArthur	Castle Semple RC	01:00.0	261 37	02:00.0	247 34	03:00.0	230 31	04:00.0	253 34	00:00.0	0 0	00:00.0	0 0	04:00.0	992
4	Melissa McGarva	Stirling RC	01:00.0	266 41	02:00.0	242 37	03:00.0	234 36	04:00.0	237 38	00:00.0	0 0	00:00.0	0 0	04:00.0	979
5	Isla Henderson	Glasgow Schools RC	01:00.0	248 39	02:00.0	240 39	03:00.0	234 41	04:00.0	241 48	00:00.0	0 0	00:00.0	0 0	04:00.0	962



Scottish Rowing Indoor Rowing Championships 2017 Results

233 Girl's J15

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1	Eilidh McGowan	Loch Lomond RC	01:00.0 278 33	02:00.0 260 30	03:00.0 257 29	04:00.0 251 29	05:00.0 257 31	00:00.0 0 0	05:00.0 1302						
2	Darcy McCann	Glasgow Schools RC	01:00.0 277 35	02:00.0 263 31	03:00.0 245 29	04:00.0 245 29	05:00.0 244 29	00:00.0 0 0	05:00.0 1274						
3	Sofia Chatfield	Glasgow Schools RC	01:00.0 260 31	02:00.0 256 30	03:00.0 252 29	04:00.0 245 30	05:00.0 253 30	00:00.0 0 0	05:00.0 1266						
4	Evie Hyland	Loch Lomond RC	01:00.0 266 38	02:00.0 241 28	03:00.0 242 30	04:00.0 248 30	05:00.0 267 33	00:00.0 0 0	05:00.0 1263						
5	Ava Bell	Glasgow Schools RC	01:00.0 266 29	02:00.0 252 28	03:00.0 236 26	04:00.0 234 26	05:00.0 239 25	00:00.0 0 0	05:00.0 1226						
6	Lucy Steel	Loch Lomond RC	01:00.0 276 30	02:00.0 255 27	03:00.0 231 26	04:00.0 226 25	05:00.0 239 30	00:00.0 0 0	05:00.0 1226						
7	Emily Milne	Glasgow Schools RC	01:00.0 264 32	02:00.0 246 28	03:00.0 241 26	04:00.0 233 27	05:00.0 241 28	00:00.0 0 0	05:00.0 1225						
8	Kirsty Loudon	Glasgow Schools RC	01:00.0 261 32	02:00.0 250 29	03:00.0 239 28	04:00.0 234 26	05:00.0 237 28	00:00.0 0 0	05:00.0 1220						
9	Morven McKinnon	Clydesdale ARC	01:00.0 264 33	02:00.0 245 31	03:00.0 233 28	04:00.0 230 25	05:00.0 234 27	00:00.0 0 0	05:00.0 1206						
10	Jessica McQueen	Loch Lomond RC	01:00.0 269 33	02:00.0 241 28	03:00.0 231 27	04:00.0 225 26	05:00.0 239 27	00:00.0 0 0	05:00.0 1203						
11	Katie McGhee	Castle Semple RC	01:00.0 259 34	02:00.0 243 31	03:00.0 230 29	04:00.0 229 27	05:00.0 241 29	00:00.0 0 0	05:00.0 1202						
12	Ella Bryant	Glasgow Schools RC	01:00.0 256 38	02:00.0 240 32	03:00.0 230 29	04:00.0 227 29	05:00.0 228 31	00:00.0 0 0	05:00.0 1181						
13	Eilidh Miller	Glasgow Schools RC	01:00.0 252 31	02:00.0 243 29	03:00.0 226 27	04:00.0 221 27	05:00.0 222 25	00:00.0 0 0	05:00.0 1164						
14	Amy Morris	Loch Lomond RC	01:00.0 264 32	02:00.0 230 28	03:00.0 216 26	04:00.0 203 26	05:00.0 215 29	00:00.0 0 0	05:00.0 1129						



Scottish Rowing Indoor Rowing Championships 2017 Results



15	Zainab Saad Hassan	Clydesdale ARC	01:00.0	256	37	02:00.0	224	36	03:00.0	212	33	04:00.0	207	31	05:00.0	215	33	00:00.0	0	0	05:00.0	1113
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Scottish Rowing Indoor Rowing Championships 2017 Results

234 Girl's J16

		Split 1			Split 2			Split 3			Split 4			Split 5			Split 6			Total		
		Time	Dist.	Rate	Time	Dist.	Rate	Time	Dist.	Rate	Time	Dist.	Rate	Time	Dist.	Rate	Time	Dist.	Rate	Time	Distanc	
1	Molly Barry	Glasgow Academy	01:52.4	500	30	01:54.8	1000	28	01:56.7	1500	27	01:59.3	2000	28	00:00.0	0	0	00:00.0	0	0	07:43.3	2000
2	Lily Young	Loch Lomond RC	01:54.4	500	33	01:57.6	1000	31	01:57.8	1500	30	02:00.7	2000	30	00:00.0	0	0	00:00.0	0	0	07:50.5	2000
3	Emma Morrison	Clydesdale ARC	01:53.8	500	31	01:58.7	1000	27	02:02.0	1500	26	01:58.9	2000	28	00:00.0	0	0	00:00.0	0	0	07:53.3	2000
4	Katy Maltby	Glasgow Academy	01:52.1	500	29	01:58.0	1000	27	02:03.2	1500	28	02:01.7	2000	29	00:00.0	0	0	00:00.0	0	0	07:55.1	2000
5	Eve Kitcher	Glasgow Academy	01:57.7	500	26	01:58.7	1000	25	01:59.5	1500	25	02:00.0	2000	25	00:00.0	0	0	00:00.0	0	0	07:56.0	2000
6	Laura Fitzpatrick	SPRC	01:51.9	500	27	01:58.8	1000	25	02:05.9	1500	26	02:04.7	2000	26	00:00.0	0	0	00:00.0	0	0	08:01.3	2000
7	Martha Coombes	Loch Lomond RC	01:54.9	500	28	02:02.0	1000	28	02:05.6	1500	28	02:02.6	2000	30	00:00.0	0	0	00:00.0	0	0	08:05.1	2000
8	Kim Denton	Loch Lomond RC	01:54.0	500	31	02:02.5	1000	27	02:05.4	1500	27	02:03.3	2000	28	00:00.0	0	0	00:00.0	0	0	08:06.2	2000
9	Natalie Miller	Glasgow Academy	01:58.1	500	30	02:01.5	1000	27	02:01.5	1500	27	02:05.7	2000	26	00:00.0	0	0	00:00.0	0	0	08:06.8	2000
10	Freya Buchanan	Loch Lomond RC	02:00.4	500	32	02:07.9	1000	29	02:09.8	1500	28	02:03.6	2000	29	00:00.0	0	0	00:00.0	0	0	08:21.8	2000
11	Eva Neil	Clydesdale ARC	02:04.4	500	30	02:10.6	1000	28	02:12.2	1500	27	02:08.2	2000	29	00:00.0	0	0	00:00.0	0	0	08:35.3	2000
12	Innes Dunlop	Loch Lomond RC	01:58.0	500	32	02:13.8	1000	28	02:15.6	1500	27	02:11.4	2000	29	00:00.0	0	0	00:00.0	0	0	08:38.8	2000
13	Lucy Morrison	Loch Lomond RC	02:11.1	500	25	02:14.7	1000	24	02:17.9	1500	23	02:15.4	2000	24	00:00.0	0	0	00:00.0	0	0	08:59.1	2000

Scottish Rowing Indoor Rowing Championships 2017 Results

235 Girl's J18

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Laura McKenzie	Loch Lomond RC	01:52.1	500 31	01:56.1	1000 27	01:56.9	1500 29	01:58.2	2000 29	00:00.0	0 0	00:00.0	0 0	07:43.4	2000
2	Heather Gordon	Inverness RC	01:57.2	500 30	01:58.1	1000 30	01:59.7	1500 30	01:55.4	2000 31	00:00.0	0 0	00:00.0	0 0	07:50.4	2000
3	Natalie Smart	Glasgow Academy	01:55.5	500 28	01:58.1	1000 27	02:00.2	1500 27	02:00.1	2000 28	00:00.0	0 0	00:00.0	0 0	07:53.9	2000
4	Colette Smith	SPRC	01:51.9	500 30	01:55.3	1000 27	02:40.0	1500 18	01:49.6	2000 28	00:00.0	0 0	00:00.0	0 0	08:16.9	2000
5	India Poe		01:56.6	500 37	02:08.6	1000 32	02:14.5	1500 30	02:16.7	2000 29	00:00.0	0 0	00:00.0	0 0	08:36.4	2000



Scottish Rowing Indoor Rowing Championships 2017 Results

240 Female University Open Hwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Lucy Glover	Edinburgh UBC	01:46.7	500 31	01:46.0	1000 31	01:45.9	1500 32	01:45.1	2000 32	00:00.0	0 0	00:00.0	0 0	07:04.7	2000
2	Lizzie Cooper	Edinburgh UBC	01:49.5	500 31	01:48.0	1000 31	01:47.7	1500 31	01:45.5	2000 31	00:00.0	0 0	00:00.0	0 0	07:11.6	2000
3	Kirstin Giddy	University of St. An	01:47.6	500 33	01:50.1	1000 32	01:50.2	1500 32	01:47.6	2000 34	00:00.0	0 0	00:00.0	0 0	07:15.4	2000
4	Alex Rankin	Edinburgh UBC	01:48.2	500 34	01:48.8	1000 33	01:49.6	1500 33	01:49.1	2000 34	00:00.0	0 0	00:00.0	0 0	07:15.7	2000
5	Perri McCluskey	SPRC/Stirling Unive	01:48.0	500 29	01:49.5	1000 28	01:48.0	1500 28	01:49.2	2000 26	00:00.0	0 0	00:00.0	0 0	07:15.7	2000
6	Lauren Gray	Edinburgh UBC	01:49.8	500 31	01:49.8	1000 32	01:49.8	1500 32	01:46.9	2000 35	00:00.0	0 0	00:00.0	0 0	07:16.3	2000
7	Jane Hardie	Edinburgh UBC	01:50.6	500 35	01:50.0	1000 33	01:48.8	1500 33	01:48.1	2000 33	00:00.0	0 0	00:00.0	0 0	07:17.5	2000
8	Robyn Gillies	Glasgow UBC	01:50.7	500 31	01:50.9	1000 31	01:50.5	1500 30	01:46.1	2000 32	00:00.0	0 0	00:00.0	0 0	07:18.2	2000
9	Eleanor Brinkhoff	Dundee UBC	01:48.3	500 30	01:50.5	1000 28	01:50.5	1500 28	01:49.2	2000 31	00:00.0	0 0	00:00.0	0 0	07:18.5	2000
10	Victoria Marshall	SPRC/Strathclyde U	01:48.0	500 29	01:50.4	1000 30	01:51.2	1500 32	01:51.7	2000 31	00:00.0	0 0	00:00.0	0 0	07:21.4	2000
11	Ellen Smith	Glasgow UBC	01:51.8	500 35	01:52.0	1000 32	01:50.8	1500 32	01:47.8	2000 37	00:00.0	0 0	00:00.0	0 0	07:23.5	2000
12	Bettie Payne	Edinburgh UBC	01:50.8	500 30	01:51.2	1000 29	01:50.6	1500 29	01:50.0	2000 30	00:00.0	0 0	00:00.0	0 0	07:23.6	2000
13	Louise Howat	Edinburgh UBC	01:53.2	500 30	01:52.4	1000 29	01:50.1	1500 29	01:47.9	2000 31	00:00.0	0 0	00:00.0	0 0	07:23.6	2000
14	Grainne Maguire Conn	Glasgow UBC	01:47.6	500 32	01:51.5	1000 29	01:53.5	1500 29	01:53.8	2000 34	00:00.0	0 0	00:00.0	0 0	07:26.5	2000



Scottish Rowing Indoor Rowing Championships 2017 Results

32	Katie Fisher	Dundee UBC	01:50.5	500	31	01:59.3	1000	28	02:01.3	1500	27	02:02.4	2000	28	00:00.0	0	0	00:00.0	0	0	07:53.6	2000
33	Jodie Cameron	University of St. An	01:57.7	500	33	01:59.7	1000	32	02:00.0	1500	31	02:01.5	2000	30	00:00.0	0	0	00:00.0	0	0	07:58.0	2000
34	Immy Greig-Connor	Edinburgh UBC	01:54.6	500	30	01:58.7	1000	29	02:03.8	1500	29	02:06.5	2000	29	00:00.0	0	0	00:00.0	0	0	08:03.6	2000
35	Charis Evans	University of St. An	01:57.9	500	28	02:01.7	1000	28	02:06.0	1500	28	02:02.0	2000	30	00:00.0	0	0	00:00.0	0	0	08:07.7	2000
36	Skye Arnott	University of St. An	01:56.4	500	30	02:01.5	1000	29	02:05.4	1500	28	02:04.7	2000	30	00:00.0	0	0	00:00.0	0	0	08:08.0	2000
37	Angharad Wood	Strathclyde UBC	02:00.2	500	32	02:05.8	1000	29	02:06.7	1500	28	01:57.3	2000	29	00:00.0	0	0	00:00.0	0	0	08:10.0	2000
38	Keziah Mercer	Heriot Watt UBC	02:00.0	500	27	02:01.2	1000	27	02:03.2	1500	29	02:12.2	2000	30	00:00.0	0	0	00:00.0	0	0	08:16.6	2000
39	Elpida Gkika	Dundee UBC	02:02.9	500	29	02:07.9	1000	27	02:08.2	1500	27	02:00.6	2000	31	00:00.0	0	0	00:00.0	0	0	08:19.6	2000
40	Eve Hanlon Cole	Stirling UBC	01:58.1	500	32	02:04.9	1000	29	02:08.7	1500	30	02:09.7	2000	30	00:00.0	0	0	00:00.0	0	0	08:21.4	2000
41	Sofiia Bairamukova	University of St. An	01:56.5	500	35	02:09.8	1000	29	02:10.5	1500	29	02:08.8	2000	31	00:00.0	0	0	00:00.0	0	0	08:25.7	2000
42	Grace Osborne	Heriot Watt UBC	01:58.7	500	34	02:07.8	1000	31	02:10.4	1500	31	02:08.0	2000	30	00:00.0	0	0	00:00.0	0	0	08:25.9	2000

Scottish Rowing Indoor Rowing Championships 2017 Results

241 Female University Open Lwt

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Laura McDonald	Edinburgh UBC	01:53.2	500 35	01:52.7	1000 34	01:52.8	1500 34	01:50.1	2000 38	00:00.0	0 0	00:00.0	0 0	07:28.8	2000
2	Jenny McCormick	Glasgow UBC	01:52.2	500 35	01:53.8	1000 33	01:55.4	1500 33	01:56.3	2000 34	00:00.0	0 0	00:00.0	0 0	07:37.6	2000
3	Morgan Hartley	University of St. An	01:51.7	500 31	01:57.7	1000 30	01:59.3	1500 28	01:55.9	2000 30	00:00.0	0 0	00:00.0	0 0	07:44.6	2000
4	Katrina Margaret Bryc	Glasgow Caledonia	01:56.8	500 28	01:56.6	1000 28	01:57.4	1500 30	01:57.7	2000 31	00:00.0	0 0	00:00.0	0 0	07:48.4	2000
5	Hannah Davis	Edinburgh UBC	01:57.2	500 32	01:58.0	1000 31	02:00.3	1500 29	01:57.9	2000 32	00:00.0	0 0	00:00.0	0 0	07:53.3	2000
6	Alice Thompson	University of St. An	01:56.9	500 31	01:58.6	1000 30	02:00.6	1500 30	02:00.3	2000 30	00:00.0	0 0	00:00.0	0 0	07:56.4	2000
7	Amy Fraser	Glasgow UBC	01:58.6	500 35	01:59.6	1000 33	01:59.5	1500 33	01:59.3	2000 35	00:00.0	0 0	00:00.0	0 0	07:56.0	2000
8	Anna Trebacz	University of St. An	01:56.1	500 34	02:00.0	1000 30	02:02.0	1500 28	02:03.5	2000 28	00:00.0	0 0	00:00.0	0 0	08:03.6	2000
9	Rosie Handley	Heriot Watt UBC	02:02.7	500 29	02:02.6	1000 28	02:01.7	1500 30	02:01.1	2000 33	00:00.0	0 0	00:00.0	0 0	08:08.2	2000
10	Rebecca Taylor-Barnes	Strathclyde UBC	01:54.0	500 37	02:06.5	1000 29	02:09.7	1500 30	02:06.9	2000 32	00:00.0	0 0	00:00.0	0 0	08:18.1	2000
11	Emily Haworth	University of St. An	02:01.6	500 30	02:08.4	1000 29	02:10.7	1500 29	02:08.2	2000 28	00:00.0	0 0	00:00.0	0 0	08:28.9	2000
12	Amy Gilmour	Dundee UBC	02:12.2	500 31	02:18.0	1000 30	02:23.7	1500 30	02:20.0	2000 32	00:00.0	0 0	00:00.0	0 0	09:13.9	2000



Scottish Rowing Indoor Rowing Championships 2017 Results

15	Carmel Dowling	Glasgow UBC	00:54.3 250 35	00:55.7 500 33	00:58.0 750 33	01:00.5 1000 33	00:00.0 0 0	00:00.0 0 0	03:48.4 1000
16	Miriam Payne	Glasgow UBC	00:54.8 250 41	00:57.9 500 40	00:56.7 750 38	01:00.0 1000 34	00:00.0 0 0	00:00.0 0 0	03:49.3 1000
17	Sophie Finch	Edinburgh UBC	00:54.4 250 32	00:56.4 500 31	00:58.9 750 27	01:00.1 1000 29	00:00.0 0 0	00:00.0 0 0	03:49.8 1000
18	Tilda Harju	Strathclyde UBC	00:58.0 250 41	00:56.5 500 37	00:56.7 750 36	00:58.7 1000 36	00:00.0 0 0	00:00.0 0 0	03:49.9 1000
19	Natalie Troy	Dundee UBC	00:53.6 250 38	00:56.2 500 34	01:00.3 750 33	01:00.9 1000 33	00:00.0 0 0	00:00.0 0 0	03:50.9 1000
20	Isabelle Hesse	University of St. An	00:53.1 250 36	00:56.1 500 32	00:59.8 750 31	01:01.9 1000 29	00:00.0 0 0	00:00.0 0 0	03:50.9 1000
21	Alex Townshend	Edinburgh UBC	00:57.3 250 28	00:57.9 500 28	00:59.4 750 28	01:00.1 1000 31	00:00.0 0 0	00:00.0 0 0	03:54.7 1000
22	Kirsty Macaulay	Heriot Watt UBC	00:56.2 250 35	00:59.9 500 32	01:02.5 750 32	00:57.3 1000 32	00:00.0 0 0	00:00.0 0 0	03:55.8 1000
23	Kate Duke	Edinburgh UBC	00:58.3 250 30	00:58.9 500 30	00:59.7 750 30	01:00.8 1000 30	00:00.0 0 0	00:00.0 0 0	03:57.6 1000
24	Phoebe Long	Edinburgh UBC	00:59.5 250 31	00:59.4 500 32	00:59.3 750 32	01:00.4 1000 33	00:00.0 0 0	00:00.0 0 0	03:58.6 1000
25	Katy Macaulay	Heriot Watt UBC	00:57.6 250 32	00:59.2 500 29	01:02.5 750 27	01:01.1 1000 32	00:00.0 0 0	00:00.0 0 0	04:00.4 1000
26	Emilia Hancock	Edinburgh UBC	00:56.3 250 37	00:58.4 500 35	01:02.9 750 32	01:03.6 1000 33	00:00.0 0 0	00:00.0 0 0	04:01.2 1000
27	Tommy Boyer-Bower	Edinburgh UBC	01:00.8 250 31	01:00.5 500 31	01:00.6 750 32	00:59.5 1000 32	00:00.0 0 0	00:00.0 0 0	04:01.5 1000
28	Blair Butler	Glasgow UBC	00:57.5 250 37	00:59.2 500 35	01:01.5 750 35	01:03.9 1000 34	00:00.0 0 0	00:00.0 0 0	04:02.1 1000
29	Camille Eichaker	University of St. An	00:57.3 250 31	01:00.6 500 30	01:04.4 750 29	01:00.0 1000 30	00:00.0 0 0	00:00.0 0 0	04:03.3 1000
30	Marissa McMahon	University of St. An	00:56.9 250 43	00:59.9 500 40	01:03.5 750 38	01:03.2 1000 38	00:00.0 0 0	00:00.0 0 0	04:03.5 1000
31	Alice Hedley	University of St. An	00:54.9 250 33	01:01.1 500 28	01:04.0 750 26	01:04.4 1000 26	00:00.0 0 0	00:00.0 0 0	04:05.4 1000



Scottish Rowing Indoor Rowing Championships 2017 Results

32	Morgan Young	University of St. An	00:56.6	250	39	00:59.4	500	34	01:04.3	750	33	01:05.4	1000	31	00:00.0	0	0	00:00.0	0	0	04:05.6	1000
33	Kim Schintgem	Edinburgh UBC	00:59.3	250	28	01:01.5	500	28	01:02.6	750	28	01:04.0	1000	28	00:00.0	0	0	00:00.0	0	0	04:07.3	1000
34	Deanna Coleman	University of St. An	00:55.6	250	46	01:01.9	500	38	01:07.5	750	35	01:04.0	1000	36	00:00.0	0	0	00:00.0	0	0	04:09.9	1000
35	Hannah Boston	Stirling UBC	00:56.9	250	37	00:58.0	500	37	01:06.1	750	33	01:08.0	1000	32	00:00.0	0	0	00:00.0	0	0	04:10.0	1000
36	Elizabeth Briggs	Dundee UBC	00:53.7	250	33	01:03.2	500	29	01:08.4	750	26	01:05.2	1000	28	00:00.0	0	0	00:00.0	0	0	04:10.6	1000
37	Christina Polson	University of St. An	00:55.5	250	45	01:02.1	500	37	01:06.2	750	33	01:08.0	1000	33	00:00.0	0	0	00:00.0	0	0	04:11.8	1000
38	Holly Bartlett	University of St. An	00:56.9	250	43	01:02.0	500	38	01:06.6	750	37	01:05.8	1000	39	00:00.0	0	0	00:00.0	0	0	04:12.3	1000
39	Chloe Monsonyi	University of St. An	00:58.8	250	40	00:59.6	500	36	01:04.8	750	32	01:09.1	1000	31	00:00.0	0	0	00:00.0	0	0	04:12.4	1000
40	Grace Cubitt	Heriot Watt UBC	01:01.4	250	32	01:02.2	500	31	01:03.8	750	30	01:05.3	1000	31	00:00.0	0	0	00:00.0	0	0	04:12.7	1000
41	Marisa Cove	Strathclyde UBC	01:01.5	250	37	01:02.9	500	38	01:04.1	750	37	01:04.2	1000	40	00:00.0	0	0	00:00.0	0	0	04:12.8	1000
42	Kerry Devlin	Strathclyde UBC	00:56.5	250	37	01:00.5	500	35	01:08.0	750	31	01:09.6	1000	32	00:00.0	0	0	00:00.0	0	0	04:15.6	1000
43	Shannon Polson	Dundee UBC	00:58.4	250	47	01:05.2	500	37	01:07.6	750	33	01:06.7	1000	33	00:00.0	0	0	00:00.0	0	0	04:17.9	1000
44	Leyi Yang	University of St. An	01:01.2	250	35	01:04.0	500	30	01:08.4	750	30	01:08.0	1000	30	00:00.0	0	0	00:00.0	0	0	04:23.6	1000
45	Katharina Landesmann	Heriot Watt UBC	01:06.8	250	35	01:08.0	500	36	01:12.2	750	34	01:10.3	1000	37	00:00.0	0	0	00:00.0	0	0	04:37.3	1000

Scottish Rowing Indoor Rowing Championships 2017 Results

250 Female Team

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	Crossfit Glasgow B	Crossfit Glasgow	01:38.0	500 43	01:35.4	1000 47	01:39.9	1500 44	01:40.5	2000 43	01:41.3	2500 43	01:40.9	3000 46	09:56.0	3000
2	Crossfit Glasgow A	Crossfit Glasgow	01:41.5	500 39	01:40.5	1000 41	01:42.0	1500 38	01:43.4	2000 39	01:45.4	2500 38	01:45.3	3000 43	10:19.1	3000
3	SABC	St. Andrew BC	01:45.1	500 41	01:39.7	1000 49	01:43.3	1500 41	01:44.2	2000 47	01:45.1	2500 41	01:42.5	3000 46	10:19.9	3000
4	Tay RC	Tay RC	01:57.8	500 35	01:47.5	1000 39	01:56.9	1500 36	01:50.3	2000 38	01:57.9	2500 36	01:51.9	3000 38	11:22.4	3000
5	CSRC	Castle Semple RC	01:51.6	500 39	01:55.3	1000 34	01:55.6	1500 33	01:56.8	2000 35	01:59.3	2500 33	01:58.3	3000 33	11:36.0	3000



Scottish Rowing Indoor Rowing Championships 2017 Results

251 University Female Team

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total		
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc	
1	EUBC Under 70's	Edinburgh UBC	01:36.0	500 44	01:34.7	1000 46	01:37.8	1500 43	01:35.7	2000 46	01:37.4	2500 44	01:36.9	3000 48	09:38.4	3000
2	EUBC Over 70's	Edinburgh UBC	01:40.0	500 43	01:37.9	1000 42	01:38.5	1500 44	01:37.8	2000 44	01:36.0	2500 43	01:38.1	3000 45	09:49.3	3000
3	Dundee UBC	Dundee UBC	01:38.6	500 41	01:38.0	1000 38	01:42.9	1500 36	01:40.4	2000 36	01:41.7	2500 38	01:40.8	3000 39	10:03.3	3000
4	UStABC A	University of St. An	01:35.7	500 46	01:43.7	1000 46	01:39.3	1500 43	01:46.7	2000 43	01:42.1	2500 42	01:44.5	3000 42	10:12.1	3000
5	HWUBC A	Heriot Watt UBC	01:42.7	500 38	01:38.8	1000 38	01:42.5	1500 38	01:43.8	2000 36	01:43.6	2500 39	01:44.7	3000 37	10:16.1	3000
6	SUBC B	Strathclyde UBC	01:48.9	500 33	01:40.1	1000 41	01:48.3	1500 32	01:45.3	2000 39	01:48.8	2500 32	01:46.6	3000 37	10:38.0	3000
7	UStABC B	University of St. An	01:46.5	500 37	01:44.2	1000 37	01:46.5	1500 37	01:47.7	2000 36	01:45.8	2500 36	01:50.3	3000 36	10:40.0	3000
8	SUBC A	Strathclyde UBC	01:45.5	500 48	01:41.9	1000 52	01:51.2	1500 46	01:48.1	2000 41	01:50.8	2500 41	01:49.1	3000 42	10:46.7	3000
9	UStABC C	University of St. An	01:50.0	500 42	01:44.4	1000 40	01:53.1	1500 41	01:49.2	2000 40	01:57.5	2500 42	01:50.3	3000 38	11:05.5	3000
10	HWUBC B	Heriot Watt UBC	01:58.3	500 43	01:50.0	1000 42	02:01.2	1500 42	01:53.6	2000 42	02:03.9	2500 41	01:54.2	3000 42	11:42.2	3000

Scottish Rowing Indoor Rowing Championships 2017 Results

252 Female Fresher Team

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1EUBC A	Edinburgh UBC	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	10:14.9	3000
2HWUBC	Heriot Watt UBC	01:40.7	500 41	01:44.1	1000 41	01:44.4	1500 37	01:45.3	2000 44	01:46.1	2500 38	01:44.5	3000 38	10:25.2	3000
3EUBC B	Edinburgh UBC	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	10:41.4	3000
4UStABC B	University of St. An	01:51.4	500 40	01:44.3	1000 36	01:52.5	1500 38	01:46.2	2000 36	01:53.9	2500 38	01:44.0	3000 38	10:53.4	3000
5Dundee UBC	Dundee UBC	01:51.3	500 39	01:47.3	1000 39	01:49.5	1500 37	01:51.2	2000 39	01:50.7	2500 35	01:50.8	3000 38	11:00.8	3000
6EUBC C	Edinburgh UBC	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	00:00.0	0 0	11:10.7	3000
7SUBC	Strathclyde UBC	01:54.7	500 43	01:46.3	1000 41	01:55.9	1500 42	01:47.8	2000 40	01:56.2	2500 39	01:53.9	3000 38	11:14.8	3000
8UStABC C	University of St. An	01:52.1	500 44	01:55.8	1000 36	01:56.4	1500 41	01:56.0	2000 39	02:00.3	2500 42	01:57.9	3000 37	11:39.5	3000



Scottish Rowing Indoor Rowing Championships 2017 Results

255 Girls J18 Team

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1LLRC	Loch Lomond RC	01:43.5	500 42	01:44.0	1000 37	01:44.4	1500 40	01:46.8	2000 34	01:44.3	2500 41	01:51.6	3000 35	10:34.7	3000



Scottish Rowing Indoor Rowing Championships 2017 Results

257 Girls J14 Team

		Split 1		Split 2		Split 3		Split 4		Split 5		Split 6		Total	
		Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Dist. Rate	Time	Distanc
1	Glasgow Schools RC Th	Glasgow Schools RC	00:50.9 250 39	01:00.5 500 35	00:53.2 750 59	00:53.7 1000 37	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	03:38.3	1000		
2	Clydesdale ARC	Clydesdale ARC	00:53.9 250 40	00:54.8 500 38	01:00.8 750 39	00:57.9 1000 39	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	00:00.0 0 0	03:47.3	1000		

