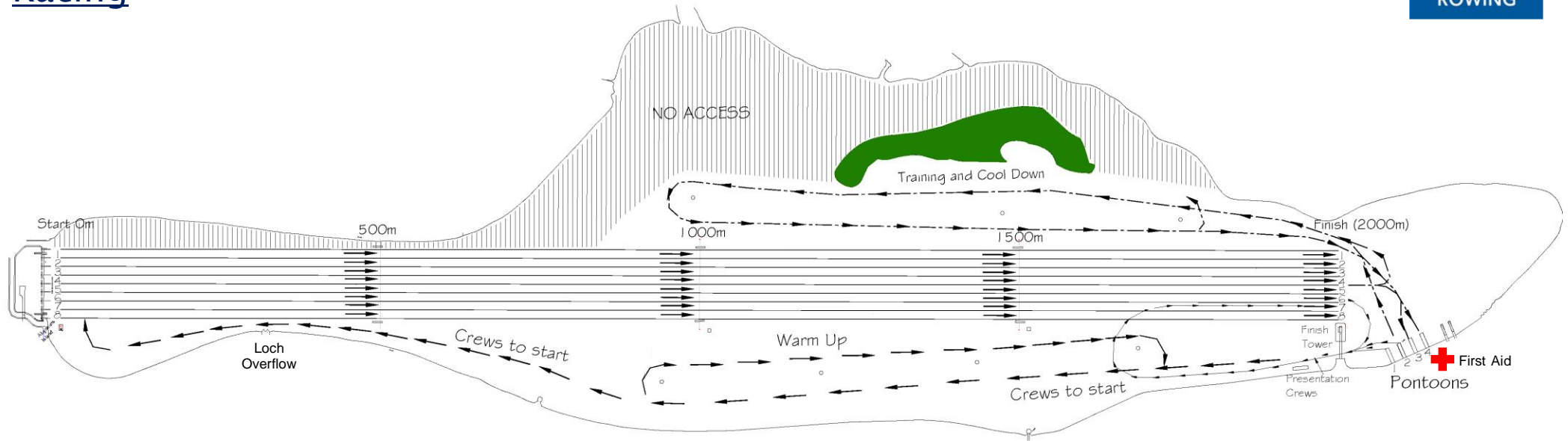


CIRCULATION PATTERN



Racing



1. Launch on the OUT pontoons (1 & 2), pass under the footbridge & keep moving so as not to impede other crews.
2. Go to the Start via the shore side of the large Orange buoys, following any instructions from officials. ALL races start at the 2000m start.
3. Warm Up must be CLOCKWISE around the Orange buoys as shown above.
4. Particular care should be taken when passing the 500m mark due to the restricted width between the loch overflow & lane 8. Crews must proceed in single file at this point.
5. For races finishing at the 1000m mark, stay in lane & continue down the course to the 2000m Finish line.
6. Disembark on the IN pontoons (3 & 4).
7. Presentation crews: go direct (passing under the footbridge) to the presentation pontoon but beware of crews going to the Start. Return to the 2000m Finish via lane 7 as shown above when safe to do so.
8. Cool Down (optional): after the 2000m Finish turn to port & proceed around the buoys in an ANTI-CLOCKWISE direction as shown. Beware crews crossing the Finish & do not cross the Finish with racing crews.

Note that failure to obey the circulation pattern may lead to a racing penalty.

Emergency Stop Procedure

If a race has to be stopped for any reason, the umpire will ring a bell & raise a red flag. Crews must stop **IMMEDIATELY** & listen for instructions.

Training

1. Obtain a training bow number from pontoon officials & go to the area on the far side of the course – beware of crews crossing the Finish.
2. Proceed around the buoys in an ANTI-CLOCKWISE direction as shown above. Do not go into the No Access areas.
3. Do not pace racing crews or pass a Finish line with racing crews.
4. Disembark on pontoons as instructed by officials & return bow number.
5. Training crews must never approach or cross the course.

Cyclists

1. It is important that coaches & supporters following races on bicycles take due care & attention so as not to collide with pedestrians.
2. Traffic must be single file & pedestrians have right of way at all times.
3. Clubs are requested to limit the number of cyclists to one per crew.
4. NO cycling is permitted within the areas next to the Pontoons, Finish Tower & Presentation Pontoon.